



Name	Serving Size Description (English)	Serving Size Weight	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)
253 Kilwins 72% Dark Almond Bark	1 oz	28g	160	110	12	7	0	0	20	11	3	7	3
254 Kilwins 72% Dark Cherry Bark	1 oz	28g	140	80	9	6	0	0	0	15	2	11	2
403 Mocha Truffle	1 Piece	15g	90	60	7	4.5	0	0	5	7	0	7	1
407 Almond Truffle	1 Piece	15g	90	60	7	4.5	0	0	5	7	1	6	1
413 Hazelnut Truffle	1 Piece	15g	90	60	7	4	0	0	10	7	0	7	1
419 Irish Cream Truffle	1 Piece	15g	90	60	7	4.5	0	0	10	7	0	7	1
421 Raspberry Truffle	1 Piece	15g	90	60	6	4.5	0	0	10	8	0	7	1
424 Champagne Truffle	1 Piece	15g	90	60	6	4.5	0	5	15	8	0	7	1
431 Dark Chocolate Truffle	1 Piece	15g	90	60	7	4.5	0	0	0	7	1	6	1
436 Peppermint Truffle	1 Piece	15g	90	60	6	4.5	0	0	10	8	0	7	1
439 Malt Truffle	1 Piece	15g	90	60	6	4.5	0	0	15	7	0	7	1
500 Milk Pecan Tuttle	About 1 Piece	24g	130	90	10	4.5	0	5	15	11	1	8	1
505 Dark Pecan Tuttle	About 1 Piece	24g	130	90	10	4.5	0	5	10	11	1	8	1
508 Almond Toffee Crunch	1 oz	28g	160	90	11	5	0	15	55	14	1	13	2
509 Almond Toffee Bars	1 Piece	33g	180	110	12	6	0	15	65	16	1	15	2
511 Dark Almond Toffee Bar	1 Piece	33g	170	110	13	6	0	15	55	16	2	14	2
520 Milk Caramel	1 Piece	17g	80	35	4	2.5	0	5	25	10	0	8	1
525 Dark Caramel	1 Piece	17g	70	35	4	2.5	0	5	20	10	0	7	0
530 Milk Cashew Tuttle	About 1 Piece	24g	130	70	8	3.5	0	5	40	12	0	9	2
532 Dark Cashew Tuttle	About 1 Piece	24g	120	70	8	3.5	0	5	30	12	1	8	2
536 Milk Macadamia Tuttle	About 1 Piece	24g	140	100	11	4	0	5	50	10	1	7	1
538 White Macadamia Tuttle	About 1 Piece	24g	140	100	11	4	0	5	50	10	1	8	1
540 Milk Cherry Cordial	1 Piece	18g	70	25	3	1.5	0	0	5	12	0	11	1
545 Dark Cherry Cordial	1 Piece	18g	70	25	3	1.5	0	0	0	12	1	10	0
625 Dark Orange Peel	1 oz	28g	120	50	5	3.5	0	0	0	19	1	10	1
4452 Milk Chocolate Rainbow Non-pareil Drops	1 oz	28g	150	70	8	4.5	0	5	15	19	0	16	1
4453 Dark Chocolate Non-Pareils	1 oz	28g	140	70	8	5	0	0	0	19	1	15	1
4698 Milk Chocolate Buckeye 0.8oz	1 Piece	23g	120	60	7	3	0	0	45	13	1	12	2
4699 Dark Chocolate Buckeye 0.8oz	1 Piece	23g	110	60	7	3	0	0	40	13	1	11	2
45001 Milk Coconut Clusters	1 oz	28g	160	100	11	8	0	5	25	15	1	13	2
45002 Dark Coconut Clusters	1 oz	28g	150	100	11	8	0	0	5	15	2	12	1
47970 Milk Chocolate Peanut Butter Cup 3oz	1 Piece	85g	470	270	30	17	0	10	180	44	2	40	8

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47971 Dark Chocolate Peanut Butter Cup 3oz	1 Piece	85g	450	280	31	17	0	5	150	44	4	38	7
47972 White Chocolate Peanut Butter Cup 3oz	1 Piece	85g	470	270	30	17	0	10	210	45	1	42	8

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1101 Milk Peanut Butter Cup 2oz	1 Piece	56g	310	190	21	11	0	10	100	28	2	25	6
1102 Dark Chocolate Peanut Butter Cup	1 Piece	56g	290	180	20	10	0	5	70	29	3	23	5
4088 Caramel Chews 1oz	1 Piece	28g	120	40	4.5	3	0	10	50	19	0	12	1
4442 Sea Salt Caramel Chew	1 Piece	28g	120	40	4.5	3	0	10	125	19	0	12	1

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2587 Kilwins Chocolate Syrup	2 Tbsp	41g	110	5	0.5	0	0	0	0	29	1	26	1
2610 Fudge Topping	2 Tbsp	35g	130	50	5	3	0	10	50	22	1	12	1
2611 Caramel Topping 9lb Pail	2 Tbsp	35g	130	35	3.5	2	0	10	55	25	0	15	1
3027 Blueberry Waffle Cone Ice Cream	5 oz	142g	340	150	16	10	0	45	95	45	0	36	4
3050 Butter Pecan Ice Cream	5 oz	142g	390	240	27	12	0	50	140	31	1	24	6
3051 Cake Batter Ice Cream	5 oz	142g	370	190	21	10	0	60	150	45	0	36	4
3053 Cappuccino Chocolate Chip Ice Cream	5 oz	142g	370	190	21	15	0	70	75	40	0	31	5
3060 Chocolate Alce Cream	5 oz	142g	310	150	17	11	0	65	60	35	2	25	5
3070 Chocolate Chip Cookie Dough Ice Cream	5 oz	142g	390	180	20	14	0	65	100	46	0	35	5
3072 Chocolate Peanut Butter Ice Cream	5 oz	142g	390	230	25	11	0	55	150	33	1	23	9
3075 Cookies 'n Cream Ice Cream	5 oz	142g	370	170	19	13	0	70	125	41	0	29	5
3101 Fudgie Brownie Ice Cream	5 oz	142g	350	160	17	12	0	60	85	42	2	29	5
3103 Georgia Peach Ice Cream	5 oz	142g	300	130	15	10	0	45	95	37	0	30	4
3132 Pumpkin Pie Ice Cream	5 oz	142g	360	170	19	12	0	50	110	43	0	33	4
3150 Mint Chocolate Chip Ice Cream	5 oz	142g	380	190	21	16	0	70	75	40	0	31	5
3180 Kilwins' Tracks Ice Cream	5 oz	142g	420	230	25	13	0	45	150	43	1	34	6
3190 Kilwins' Mud Ice Cream	5 oz	142g	370	170	19	13	0	50	125	42	0	33	4
3200 New Orleans Praline Pecan Ice Cream	5 oz	142g	380	170	19	12	0	65	220	44	0	36	5
3225 Old Fashioned Vanilla Ice Cream	5 oz	142g	340	160	17	12	0	75	80	39	0	30	4
3255 Pistachio Ice Cream	5 oz	142g	370	210	24	12	0	50	150	36	1	24	6
3275 Strawberry Chunk Ice Cream	5 oz	142g	300	130	15	10	0	45	90	36	0	30	4
3285 Superman Ice Cream	5 oz	142g	340	170	19	13	0	80	80	35	0	27	5
3320 Toasted Coconut Ice Cream	5 oz	142g	410	220	24	17	0	70	100	40	1	31	5
3340 Traverse City Cherry Ice Cream	5 oz	142g	310	150	16	10	0	45	90	40	0	30	4
3355 Turtle Cheesecake Ice Cream	5 oz	142g	360	150	16	10	0	45	150	46	0	37	4
3674 Greek Yogurt - Raspberry	5 oz	142g	270	60	6	4.5	0	20	65	44	0	37	9
3681 NSA Caramel Ripple Ice Cream	5 oz	142g	200	60	7	4.5	0	20	150	40	6	10	6
3725 Sorbetto - Lemon	5 oz	142g	170	5	0	0	0	0	20	41	0	37	0
3745 Sorbetto - Raspberry	5 oz	142g	160	5	0	0	0	0	25	41	0	36	0
3800 Sea-Salt Caramel Ice Cream	5 oz	142g	380	170	18	13	0	65	290	48	0	40	4
3804 Marsh-Mallow Smore Ice Cream	5 oz	142g	410	180	20	12	0	60	125	50	0	40	4

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3810 All-American Two Berry Pie Ice Cream	5 oz	142g	360	150	16	10	0	45	95	48	0	36	4
3812 Apple Pie Ice Cream	5 oz	142g	340	150	16	10	0	45	110	46	0	36	4
3814 Sea-Salt Chocolate Caramel Ice Cream	5 oz	142g	350	150	16	12	0	45	300	49	1	38	4
3816 Chocolate Toasted Coconut Ice Cream	5 oz	142g	370	200	22	16	0	45	95	41	4	30	6
4016 Milk Chocolate Dipped Waffle Cone 2.1oz	1 Cone	60g	280	90	10	6	0	10	85	43	0	28	3
4139 Kilwins Waffle Bowl 1.3oz	1 Bowl	37g	150	25	2.5	1	0	5	70	30	0	16	2
44804 Waffle Cone 1.3oz	1 Cone	37g	150	25	2.5	1	0	5	70	30	0	16	2

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4004 88ct Caramel Apple 10.6oz	1 Apple	309g	480	130	15	9	0	35	170	89	0	63	2
4005 Pecan Caramel Apple 12oz	1 Apple	344g	720	360	40	17	0	35	170	94	4	64	6
4007 88ct Turtle Caramel Apple 12.45oz	1 Apple	361g	820	410	46	20	0	40	190	104	4	73	7
4067 88ct Peanut Caramel Apple 11.7oz	1 Apple	340g	670	270	30	11	0	35	180	96	3	64	10
4957 88ct Apple Pie Caramel Apple	1 Apple	352g	710	250	28	17	0.5	45	220	115	0	88	5
44045 88ct Milk Chocolate m&m Apple 14.1oz	1 Apple	408g	990	370	41	25	0.5	55	210	154	3	121	7
47027 88ct Sea-Salt Milk Caramel Apple 12.2oz	1 Apple	354g	720	270	30	18	0.5	45	1330	113	1	85	5
47028 88ct Sea-Salt Dark Caramel Apple 12.2oz	1 Apple	354g	700	270	30	18	0	40	1300	113	3	82	4
47073 Triple Chocolate Pecan Apple 13.65oz	1 Apple	395g	1000	520	58	27	0	45	210	123	5	90	8

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4126 Waffle Bowl - Single 6.3 oz	1 Serving	179g	490	180	20	13	0.5	80	150	69	0	46	5
4127 Waffle Bowl - Double 10.3oz	1 Serving	292g	760	310	34	22	1	135	210	100	0	70	9
4137 Kids Dish	1 Serving	85g	200	90	10	7	0	45	45	23		18	2
4142 Kid Cake Cone	1 Serving	92g	230	90	10	7	0	45	55	29	0	18	3
4143 Waffle Cone - Single 6.3oz	1 Serving	179g	490	180	20	13	0.5	80	150	69	0	46	5
4144 Waffle Cone - Double 10.3oz	1 Serving	292g	760	310	34	22	1	135	210	100	0	70	9
4145 Cake Cone - Single	1 cone	149g	370	160	17	12	0	75	90	45	0	30	5
4146 Cake Cone - Double	1 cone	262g	640	280	31	21	1	130	150	76	0	54	8
4147 Dish - Single 5oz	1 Dish	142g	340	160	17	12	0	75	80	39	0	30	4
4148 Dish - Double 9oz	1 Dish	255g	610	280	31	21	1	130	140	70	0	54	7
4153 Sunrise Kooler	1 Kooler	680g	490	10	1	1	0	0	80	123	0	111	0
4154 Sunset Kooler	1 Kooler	680g	480	5	1	0.5	0	0	85	123	1	107	0
4157 Chocolate Milkshake	20 fl oz	563g	1190	420	46	29	1	175	220	179	4	151	14
4158 Strawberry Milkshake	20 fl oz	537g	1040	400	45	28	1	175	220	140	1	121	12
4159 Vanilla Milkshake	20 fl oz	537g	1040	400	45	28	1	175	220	140	1	121	12
4160 Orange Creamsicle Float	1 float	496g	500	160	17	12	0	75	130	83	0	74	4
4162 Chocolate Malt	20 fl oz	586g	1280	420	47	30	1	180	290	197	4	167	16
4163 Strawberry Malt	20 fl oz	560g	1130	410	46	29	1	180	290	158	1	137	14
4164 Vanilla Malt	20 fl oz	560g	1130	410	46	29	1	180	290	158	1	137	14
4166 Root Beer Float	1 Float	497g	510	160	17	12	0	75	140	83	0	74	4
4172 Hot Fudge Sundae 7.7 oz	1 Sundae	219g	610	260	29	18	0.5	95	160	80	1	55	6
4173 Hot Caramel Sundae 7.7 oz	1 Sundae	219g	610	240	26	17	0.5	100	170	84	0	59	5
4174 Chocolate Sundae 7.7 oz	1 Sundae	219g	550	190	21	13	0	80	85	84	2	71	5
4176 Turtle Sundae 13.5 oz	1 Sundae	383g	1270	570	63	32	1	140	340	166	4	106	12
41530 Sunburst Kooler	1 Kooler	680g	490	10	1	0.5	0	0	80	123	1	109	0
45890 Bulk Hot Chocolate	1 Cup	322g	550	320	36	21	0	30	105	56	5	48	11
45901 Hot Chocolate 12oz	12 fl oz	257g	460	270	30	18	0	30	80	46	4	39	8
45907 Espresso 1oz	1 fl oz	30g	5	0	0	0	0	0	0	0	0	0	0
45908 Espresso 2oz	2 fl oz	59g	5	0	0	0	0	0	10	1	0	0	0
45909 Americano Coffee 12oz	12 fl oz		5	0	0	0	0	0	25	1	0	0	0
45917 Latte 12oz	12 fl oz		130	60	7	4	0	20	95	11	0	10	7
45919 Flavored Latte 12oz	12 fl oz		210	60	7	4	0	20	95	29	0	29	7
45921 Caramel Latte 12oz	12 fl oz		280	100	11	6	0	35	160	39	0	28	7
45923 Cappuccino 12oz	12 fl oz		130	60	7	4	0	20	95	11	0	10	7
45925 Flavored Cappuccino 12oz	12 fl oz		190	50	6	3.5	0	20	85	28	0	27	6

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4098 Pecan Caramel Streakers 2.35 lbs	1 oz	28g	150	110	12	4.5	0	5	25	12	1	7	2
4340 Pecan Pralines	1 Piece	78g	370	200	22	9	0	25	90	46	2	44	2
40048 Milk Pecan Snapper 5oz	1 Piece	142g	780	530	59	24	0	25	125	62	6	42	8
40049 Kilwins Milk Chocolate Cashew Bear Claw 5oz	1 Piece	142g	710	410	45	16	0	25	300	71	2	43	12
40065 Pecan Caramel Divinity Bite 1.4oz	1 Piece	40g	220	160	17	6	0	5	25	16	2	11	2
41160 White and Dark Striped Milk Twinkie 3oz	1 Piece	84g	390	180	20	12	0	25	220	49	1	40	4

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4060 Mk Striped Mk Cherry .75oz	1 Piece	15g	60	25	3	2	0	0	5	8	0	7	1
4061 White Striped White Cherry	1 Piece	15g	60	25	3	1.5	0	0	10	8	0	7	1
4185 Dark Striped Dark Chocolate Cherry	1 Piece	15g	50	25	3	2	0	0	0	8	1	6	1
40101 White Striped White Chocolate Strawberry	1 Piece	42g	80	35	4	2.5	0	5	15	9	1	8	1
40102 Milk Chocolate Strawberry	1 Piece	42g	80	40	4.5	2.5	0	0	10	9	1	8	1
40103 Dark Striped Dark Chocolate Strawberry	1 Piece	42g	70	40	4.5	2.5	0	0	0	9	1	7	1

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4022 Pecan Turtle Pretzel Rod 2.6oz	1 Piece	75g	410	270	30	11	0	10	80	34	4	17	5
4023 Milk Striped Caramel Pretzel Rod 1.5oz	1 Piece	44g	190	70	7	4.5	0	10	80	30	0	16	2
4247 White Striped White Pretzel Rod 1oz	1 Piece	30g	150	60	7	4	0	5	55	20	0	12	2
4255 Milk Striped Milk Pretzel Rod	1 Piece	30g	150	70	7	4	0	5	45	19	1	11	2

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4039 Milk Striped Milk Chocolate Krispie 3.3oz	1 Piece	94g	480	220	25	14	0	10	190	59	1	43	4
4041 White Striped White Chocolate Krispie 3.3oz	1 Piece	94g	480	220	24	13	0	15	220	61	0	46	4
4042 Milk Striped Caramel Krispie 3.65oz	1 Piece	103g	440	150	16	9	0	25	270	71	0	43	3
4043 Pecan Turtle Kripsie 5.95oz	1 Piece	169g	890	560	63	23	0	25	270	80	7	45	8
4257 Milk Chocolate Krispie Mini Morsels 3.55oz	1 Piece	101g	500	220	24	14	0	15	180	66	2	50	4

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6011 Foil Standing Rabbit 1.5 oz	1 Piece	43g	240	130	15	9	0	10	30	24	1	22	2

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4049 Milk Striped Milk Chocolate Cookie 1.1oz	1 Piece	32g	160	80	9	4.5	0	5	60	20	0	15	1
4051 Sprinkled Milk Cookie 1oz	1 Piece	29g	150	80	8	4	0	5	55	19	0	14	1
4086 White Striped White Cookie 1.1oz	1 Piece	32g	160	80	9	4.5	0	5	65	21	0	16	1
4089 White Striped Milk Cookie 1.1oz	1 Piece	32g	160	80	9	4.5	0	5	60	20	0	16	1
4099 Milk Specialty Cookie 1oz	1 Piece	31g	160	80	8	4	0	5	55	21	0	16	1
4107 Dark Specialty Cookie 1oz	1 Piece	31g	150	80	9	4	0	0	45	21	1	15	1
4108 White Specialty Cookie 1oz	1 Piece	31g	160	70	8	4	0	5	65	21	0	16	1
43045 Dark Sea Salt Caramel Cookie	1 Cookie	46g	210	100	11	6	0	5	370	30	1	20	1
44966 Milk Caramel Cookie 1.3oz	1 Piece	37g	170	70	8	4	0	5	80	25	0	17	1

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Name	Serving Size Description (English)	Serving Size Weight	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)
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41505 White Striped Milk Chocolate Smore	1 Piece	99g	470	180	20	11	0	10	210	67	2	46	5
45504 Sprinkled Milk Marsh-Mallow 2.75oz	1 Piece	76g	330	110	12	8	0	5	80	52	1	42	3
45506 Sprinkled White Marsh-Mallow 2.75oz	1 Piece	76g	330	110	12	7	0	10	95	53	0	44	3
45508 Milk Pecan Turtle Marsh-Mallow 5.6oz	1 Piece	159g	780	460	51	19	0	20	160	81	6	55	7
45575 Milk Sea Salt Caramel Marsh-Mallow 4oz	1 Piece	111g	440	130	15	9	0	25	460	77	0	56	3
45577 Dark Sea Salt Caramel Marsh-Mallow 4oz	1 Piece	114g	440	130	15	9	0	20	1560	77	1	55	3

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4350 Chocolate Fudge	1 oz	28g	110	30	3.5	2	0	5	25	21	0	19	0
4358 Chocolate English Walnut Fudge	1 oz	28g	120	45	5	2	0	5	25	19	0	17	1
4376 Maple Walnut Fudge	1 oz	28g	110	40	4.5	1.5	0	5	40	19	0	18	0
4380 Peanut Butter Fudge	1 oz	28g	110	40	4	1.5	0	5	55	19	0	17	1
4394 Turtle Fudge	1 oz	28g	110	40	4	2.5	0	5	30	19	0	17	0
43030 Sea-Salt Chocolate Caramel Fudge	1 oz	28g	110	30	3.5	2	0	5	80	20	0	18	0

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