



Name	Serving Size Description (English)	Serving Size Weight	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)
120 Milk Coconut Clusters	1 oz	28g	160	100	11	7	0	5	20	15	1	14	2
125 Dark Coconut Clusters	1 oz	28g	150	100	11	7	0	0	5	15	2	12	1
130 Milk Peanut Clusters	1 oz	28g	160	100	11	4.5	0	5	55	13	1	10	4
135 Dark Peanut Clusters	1 oz	28g	150	100	12	4.5	0	0	40	13	2	9	3
150 Milk Raisin Clusters	1 oz	28g	130	60	7	4	0	5	15	18	1	15	1
230 Grand Peppermint Square Bulk	1 Piece	113g	450	190	21	12	0	5	0	72	4	61	3
253 Kilwins 72% Dark Almond Bark	1 oz	28g	160	110	12	7	0	0	20	11	3	7	3
254 Kilwins 72% Dark Cherry Bark	1 oz	28g	140	80	9	6	0	0	0	15	2	11	2
300 Chocolate Bon Bon	1 Piece	16g	70	25	3	2	0	0	10	12	0	12	0
320 Bavarian Cream	1 Piece	16g	70	25	2.5	1.5	0	0	10	12	0	12	0
325 Milk Vanilla Buttercream	1 Piece	16g	70	25	2.5	1.5	0	5	10	13	0	12	0
330 Dark Vanilla Buttercream	1 Piece	16g	70	25	2.5	1.5	0	0	10	13	0	12	0
335 Milk Orange Cream	1 Piece	16g	70	20	2	1.5	0	0	10	13	0	12	0
340 Dark Orange Cream	1 Piece	16g	70	20	2.5	1.5	0	0	0	13	0	12	0
355 Milk Raspberry Cream	1 Piece	16g	70	20	2	1.5	0	0	10	13	0	12	0
360 Dark Raspberry Cream	1 Piece	16g	70	20	2	1.5	0	0	0	13	0	12	0
370 Milk Peanut Butter Smoothie	1 Piece	12g	70	40	4.5	2.5	0	0	40	7	0	6	1
375 Dark Peanut Butter Smoothie	1 Piece	12g	60	40	4.5	2.5	0	0	30	7	0	6	1
401 Peanut Butter Truffle	1 Piece	15g	80	50	5	2.5	0	0	35	7	1	6	2
403 Mocha Truffle	1 Piece	15g	90	60	7	4.5	0	0	5	7	0	7	1
407 Almond Truffle	1 Piece	15g	90	60	7	4.5	0	0	5	7	1	6	1
413 Hazelnut Truffle	1 Piece	15g	90	60	7	4	0	0	10	7	0	7	1
419 Irish Cream Truffle	1 Piece	15g	90	60	7	4.5	0	0	10	7	0	7	1
421 Raspberry Truffle	1 Piece	15g	90	60	6	4.5	0	0	10	8	0	7	1
424 Champagne Truffle	1 Piece	15g	90	60	6	4.5	0	5	15	8	0	7	1
431 Dark Chocolate Truffle	1 Piece	15g	90	60	7	4.5	0	0	0	7	1	6	1
436 Peppermint Truffle	1 Piece	15g	90	60	6	4.5	0	0	10	8	0	7	1
439 Malt Truffle	1 Piece	15g	90	60	6	4.5	0	0	15	7	0	7	1
500 Milk Pecan Tuttle	About 1 Piece	24g	130	90	10	4.5	0	5	15	11	1	8	1
505 Dark Pecan Tuttle	About 1 Piece	24g	130	90	10	4.5	0	5	10	11	1	8	1
508 Almond Toffee Crunch	1 oz	28g	160	90	11	5	0	15	55	14	1	13	2
509 Almond Toffee Bars	1 Piece	33g	180	110	12	6	0	15	65	16	1	15	2
511 Dark Almond Toffee Bar	1 Piece	33g	170	110	13	6	0	15	55	16	2	14	2
520 Milk Caramel	1 Piece	17g	80	35	4	2.5	0	5	25	10	0	8	1
525 Dark Caramel	1 Piece	17g	70	35	4	2.5	0	5	20	10	0	7	0

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530 Milk Cashew Tuttle	About 1 Piece	24g	130	70	8	3.5	0	5	40	12	0	9	2
532 Dark Cashew Tuttle	About 1 Piece	24g	120	70	8	3.5	0	5	30	12	1	8	2
536 Milk Macadamia Tuttle	About 1 Piece	24g	140	100	11	4	0	5	50	10	1	7	1
538 White Macadamia Tuttle	About 1 Piece	24g	140	100	11	4	0	5	50	10	1	8	1
540 Milk Cherry Cordial	1 Piece	18g	70	25	3	1.5	0	0	5	12	0	11	1
545 Dark Cherry Cordial	1 Piece	18g	70	25	3	1.5	0	0	0	12	1	10	0
550 Dark Coconut Macaroon	1 Piece	20g	100	60	7	5	0	0	0	11	1	9	1
585 Peppermint Pattie	1 Piece	10g	40	15	2	1	0	0	0	6	0	5	0
625 Dark Orange Peel	1 oz	28g	120	50	5	3.5	0	0	0	19	1	10	1
635 Milk Raspberry Jellies	1 Piece	20g	90	25	3	1.5	0	0	10	16	0	13	0
636 Dark Raspberry Jellies	1 Piece	20g	90	25	3	2	0	0	0	16	1	13	0
1110 Marzipan Fruits	3 Pieces	42g	180	50	6	0.5	0	0	0	32	3	24	2
1238 Foil Mini Kilwins™ Cars	1 Piece	9g	50	30	3	2	0	0	5	5	0	5	1
1245 Foil Baseballs Mesh Bag	1 Bag	43g	240	130	15	9	0	10	30	24	1	22	2
1246 Foil Footballs Mesh Bag	1 Bag	43g	240	130	15	9	0	10	30	24	1	22	2
1247 Foiled Basketballs Mesh Bag	1 Bag	43g	240	130	15	9	0	10	30	24	1	22	2
1257 Foiled Shamrocks	1 Piece	9g	50	30	3	2	0	0	5	5	0	5	1
4452 Milk Chocolate Rainbow Non-pareil Drops	1 oz	28g	150	70	8	4.5	0	5	15	19	0	16	1
4698 Milk Chocolate Buckeye 0.8oz	1 Piece	23g	120	60	7	3	0	0	45	13	1	12	2
4699 Dark Chocolate Buckeye 0.8oz	1 Piece	23g	110	60	7	3	0	0	40	13	1	11	2
43205 Milk Chocolate Cookie Bark	1 oz	28g	150	80	9	5	0	5	35	17	0	14	2
44993 Milk Peanut Cluster	1 oz	28g	160	100	11	4.5	0	5	55	13	1	10	4
44994 Dark Peanut Clusters	1 oz	28g	150	100	12	4.5	0	0	40	13	2	9	3
45005 Milk Chocolate Pecan Bark	1 oz	28g	160	100	11	6	0	5	20	15	1	13	2
45006 Dark Chocolate Pecan Bark	1 oz	28g	150	100	11	6	0	0	0	15	2	12	1
45007 Milk Almond Bark	1 oz	28g	160	90	10	5	0	5	30	15	1	13	2
45008 White Almond Bark	1 oz	28g	160	90	10	5	0	5	45	16	0	14	2
45232 Peanut Butter Cup Bark	1 oz	28g	150	90	10	6	0	0	55	15	1	13	2
45233 Milk Chocolate Coconut Caramel Bark	1 oz	28g	130	60	7	5	0	10	45	17	1	12	1
45234 Dark Chocolate Sea Salt Bark	1 oz	28g	140	90	10	6	0	0	220	16	2	13	1
47970 Milk Chocolate Peanut Butter Cup 3oz	1 Piece	85g	470	270	30	17	0	10	180	44	2	40	8

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1101 Milk Peanut Butter Cup 2oz	1 Piece	56g	310	190	21	11	0	10	100	28	2	25	6
4088 Caramel Chews 1oz	1 Piece	28g	120	40	4.5	3	0	10	50	19	0	12	1
43801 Chocolate Caramel Chew	1 Piece	28g	120	50	6	3.5	0	10	45	16	0	10	1

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2587 Kilwins Chocolate Syrup	2 Tbsp	41g	110	5	0.5	0	0	0	0	29	1	26	1
2610 Fudge Topping	2 Tbsp	35g	130	50	5	3	0	10	50	22	1	12	1
2614 Marsh-Mallow Bulk Topping Pail	2 Tbsp	28g	90	0	0	0	0	0	0	22	0	14	0
3025 Blue Moon Ice Cream	5 oz	142g	330	170	19	12	0	60	105	33	0	25	4
3027 Blueberry Waffle Cone Ice Cream	5 oz	142g	340	150	16	10	0	45	95	45	0	36	4
3050 Butter Pecan Ice Cream	5 oz	142g	390	240	27	12	0	50	140	31	1	24	6
3051 Cake Batter Ice Cream	5 oz	142g	370	190	21	10	0	60	150	45	0	36	4
3053 Cappuccino Chocolate Chip Ice Cream	5 oz	142g	370	190	21	15	0	70	75	40	0	31	5
3060 Chocolate Alce Cream	5 oz	142g	310	150	17	11	0	65	60	35	2	25	5
3062 Chocolate Chip Alce Cream	5 oz	142g	360	190	21	15	0	50	95	39	0	30	4
3070 Chocolate Chip Cookie Dough Ice Cream	5 oz	142g	390	180	20	14	0	65	100	46	0	35	5
3072 Chocolate Peanut Butter Ice Cream	5 oz	142g	390	230	25	11	0	55	150	33	1	23	9
3075 Cookies 'n Cream Ice Cream	5 oz	142g	370	170	19	13	0	70	125	41	0	29	5
3085 Dulce de Leche Ice Cream	5 oz	142g	360	150	16	10	0	50	160	49	0	37	4
3101 Fudgie Brownie Ice Cream	5 oz	142g	350	160	17	12	0	60	85	42	2	29	5
3103 Georgia Peach Ice Cream	5 oz	142g	300	130	15	10	0	45	95	37	0	30	4
3125 Mackinac Island Fudge Ice Cream	5 oz	142g	390	210	24	12	0	50	140	39	1	30	6
3132 Pumpkin Pie Ice Cream	5 oz	142g	360	170	19	12	0	50	110	43	0	33	4
3150 Mint Chocolate Chip Ice Cream	5 oz	142g	380	190	21	16	0	70	75	40	0	31	5
3180 Kilwins™ Tracks Ice Cream	5 oz	142g	420	230	25	13	0	45	150	43	1	34	6
3190 Kilwins™ Mud Ice Cream	5 oz	142g	370	170	19	13	0	50	125	42	0	33	4
3200 New Orleans Praline Pecan Ice Cream	5 oz	142g	380	170	19	12	0	65	220	44	0	36	5
3225 Old Fashioned Vanilla Ice Cream	5 oz	142g	340	160	17	12	0	75	80	39	0	30	4
3250 Peppermint Ice Cream	5 oz	142g	360	190	21	15	0	50	105	39	0	31	4
3255 Pistachio Ice Cream	5 oz	142g	370	210	24	12	0	50	150	36	1	24	6
3270 Rum Raisin Ice Cream	5 oz	142g	330	150	16	10	0	50	110	40	0	30	4
3275 Strawberry Chunk Ice Cream	5 oz	142g	300	130	15	10	0	45	90	36	0	30	4
3285 Superman Ice Cream	5 oz	142g	340	170	19	13	0	80	80	35	0	27	5
3320 Toasted Coconut Ice Cream	5 oz	142g	410	220	24	17	0	70	100	40	1	31	5
3340 Traverse City Cherry Ice Cream	5 oz	142g	310	150	16	10	0	45	90	40	0	30	4
3355 Turtle Cheesecake Ice Cream	5 oz	142g	360	150	16	10	0	45	150	46	0	37	4
3725 Sorbetto - Lemon	5 oz	142g	170	5	0	0	0	0	20	41	0	37	0

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3745 Sorbetto - Raspberry	5 oz	142g	160	5	0	0	0	0	25	41	0	36	0
3800 Sea-Salt Caramel Ice Cream	5 oz	142g	380	170	18	13	0	65	290	48	0	40	4
3804 Marsh-Mallow Smore Ice Cream	5 oz	142g	410	180	20	12	0	60	125	50	0	40	4
3810 All-American Two Berry Pie Ice Cream	5 oz	142g	360	150	16	10	0	45	95	48	0	36	4
3812 Apple Pie Ice Cream	5 oz	142g	340	150	16	10	0	45	110	46	0	36	4
3814 Sea-Salt Chocolate Caramel Ice Cream	5 oz	142g	350	150	16	12	0	45	300	49	1	38	4
3816 Chocolate Toasted Coconut Ice Cream	5 oz	142g	370	200	22	16	0	45	95	41	4	30	6
4140 Kilwins Caramel Topping	2 Tbsp	42g	160	45	5	3	0	15	80	28	0	18	1
4141 Kilwins Fudge Topping	2 Tbsp	40g	160	60	7	4	0	15	65	24	0	15	1
4682 Dark Chocolate Waffle Cone	1 Cone	60g	270	100	11	6	0	5	70	43	1	27	3
4683 Dark Chocolate Waffle Cone - Single	1 Cone	201g	610	250	28	18	0.5	80	150	82	1	57	7
4684 Dark Chocolate Waffle Cone - Double	1 Cone	315g	880	380	42	27	1	135	210	113	1	81	10
4685 Sprinkled Dk Choc Waffle Cone	1 Cone	62g	280	100	11	6	0	5	70	46	1	29	3
4686 Sprinkled Dark Chocolate Waffle Cone - Single	1 Cone	204g	620	250	28	18	0.5	80	150	84	1	59	7
4687 Sprinkled Dark Chocolate Waffle Cone - Double	1 Cone	317g	890	380	42	27	1	135	210	116	1	83	10
4688 White Chocolate Waffle Cone	1 Cone	60g	280	90	10	6	0	10	100	44	0	29	3
4689 White Chocolate Waffle Cone - Single	1 Cone	201g	620	250	28	17	0.5	80	180	83	0	59	7
4690 White Chocolate Waffle Cone - Double	1 Cone	315g	890	370	42	27	1	140	240	114	0	83	10
4691 Sprinkled Wht Choc Waffle Cone	1 Cone	62g	290	90	10	6	0	10	100	46	0	31	3
4692 Sprinkled White Choc Waffle Cone - Single	1 Cone	204g	630	250	28	18	0.5	80	180	85	0	61	7
4693 Sprinkled White Choc Waffle Cone - Double	1 Cone	317g	900	380	42	27	1	140	240	116	0	85	10
44804 Waffle Cone 1.3oz	1 Cone	37g	150	25	2.5	1	0	5	70	30	0	16	2

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4001 100ct Peanut Caramel Apple 10.6oz	1 Apple	303g	600	250	28	10	0	30	160	86	3	58	9
4010 Caramel Apple 9.6oz	1 Apple	275g	440	120	14	8	0	30	160	80	0	56	2
4011 100 ct Pecan Caramel Apple 10.6oz	1 Apple	303g	630	300	34	14	0	30	160	84	3	57	5
4012 100ct Turtle Apple 11.2oz	1 Apple	320g	720	360	40	18	0	35	170	94	3	66	6
4014 100 ct Milk Striped Caramel Apple 10.2oz	1 Apple	292g	530	170	19	12	0	35	170	90	0	65	3
4015 100ct Dark Striped Caramel Apple 10.2oz	1 Apple	292g	520	180	20	12	0	35	160	90	1	64	3
4123 100ct Apple Pie Caramel Apple 11.1oz	1 Apple	318g	670	240	27	17	0	40	210	106	0	81	4
4971 100ct Triple Striped Apple	1 Apple	326g	710	280	31	19	0	40	190	110	1	83	5
40057 100ct Sprinkled Milk Caramel Apple 11.1oz	1 Apple	319g	670	250	27	17	0	40	190	107	1	80	5
44040 100ct Mk & Wht Stripe Caramel apple 10.8oz	1 Apple	309g	620	230	25	16	0	40	190	100	0	75	4
44707 100 Ct Peanut Turtle Caramel Apple 11.2oz	1 Apple	320g	700	300	34	14	0	35	170	96	3	66	10
47020 Almond Toffee Caramel Apple 10.85oz	1 Apple	310g	630	240	27	15	0.5	50	230	98	1	73	4
47025 100ct Sea-Salt Milk Caramel Apple 11.1oz	1 Apple	315g	650	240	27	17	0	40	1310	102	1	77	5
47026 100ct Sea-Salt Dark Caramel Apple 11.1oz	1 Apple	315g	640	250	28	17	0	35	1280	102	2	74	4
47058 100ct Milk Stripe Peanut Caramel Apple 11.2oz	1 Apple	320g	700	300	34	14	0	35	170	96	3	66	10
47075 100ct Sprinkled Wht Chocolate Topper Apple 11.2oz	1 Apple	320g	680	240	27	17	0	40	210	109	0	83	4
47076 100ct Wht Chocolate Topper Apple 11oz	1 Apple	316g	660	240	27	17	0	40	210	105	0	80	4
47077 88ct Sprinkled Wht Chocolate Topper Apple 12.5oz	1 Apple	357g	740	260	29	18	0.5	45	230	120	0	91	5
47078 88ct Wht Chocolate Topper Apple 12.3oz	1 Apple	353g	720	260	29	18	0.5	45	230	116	0	88	5
47079 100ct Sprinkled Mk Chocolate Topper Apple 11.2oz	1 Apple	317g	670	240	27	17	0	40	190	107	1	81	5

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47080 100ct Mk Chocolate Topper Apple 11oz	1 Apple	316g	660	250	27	17	0	40	190	104	1	78	5
47081 88ct Sprinkled Mk Chocolate Topper Apple 12.5oz	1 Apple	357g	740	270	30	18	0.5	45	210	119	1	89	5
47082 88ct Mk Chocolate Topper Apple 12.3oz	1 Apple	353g	720	270	30	18	0.5	45	210	115	1	86	5
47091 100ct Sprinkled Dk Chocolate Topper Apple 11.2oz	1 Apple	317g	660	250	28	17	0	35	160	108	2	79	4
47092 100ct Dk Chocolate Topper Apple 11oz	1 Apple	313g	640	250	28	17	0	35	160	104	2	76	4
47093 88ct Sprinkled Dk Chocolate Topper Apple 12.5oz	1 Apple	357g	720	270	30	18	0	40	180	119	3	87	4
47094 88ct Dk Chocolate Topper Apple 12.3oz	1 Apple	353g	710	270	30	18	0	40	180	115	3	84	4

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4126 Waffle Bowl - Single 6.3 oz	1 Serving	179g	490	180	20	13	0.5	80	150	69	0	46	5
4127 Waffle Bowl - Double 10.3oz	1 Serving	292g	760	310	34	22	1	135	210	100	0	70	9
4137 Kids Dish	1 Serving	85g	200	90	10	7	0	45	45	23		18	2
4138 Kid Sugar Cone	1 Serving	100g	260	90	10	7	0	45	65	36	0	22	3
4142 Kid Cake Cone	1 Serving	92g	230	90	10	7	0	45	55	29	0	18	3
4143 Waffle Cone - Single 6.3oz	1 Serving	179g	490	180	20	13	0.5	80	150	69	0	46	5
4144 Waffle Cone - Double 10.3oz	1 Serving	292g	760	310	34	22	1	135	210	100	0	70	9
4145 Cake Cone - Single	1 cone	149g	370	160	17	12	0	75	90	45	0	30	5
4146 Cake Cone - Double	1 cone	262g	640	280	31	21	1	130	150	76	0	54	8
4147 Dish - Single 5oz	1 Dish	142g	340	160	17	12	0	75	80	39	0	30	4
4148 Dish - Double 9oz	1 Dish	255g	610	280	31	21	1	130	140	70	0	54	7
4149 Sugar Cone - Single	1 cone	157g	400	160	17	12	0	75	100	52	0	34	5
4154 Sunset Kooler	1 Kooler	680g	480	5	1	0.5	0	0	85	123	1	107	0
4157 Chocolate Milkshake	20 fl oz	563g	1190	420	46	29	1	175	220	179	4	151	14
4162 Chocolate Malt	20 fl oz	586g	1280	420	47	30	1	180	290	197	4	167	16
4166 Root Beer Float	1 Float	497g	510	160	17	12	0	75	140	83	0	74	4
4168 Chocolate Soda	1 Soda	552g	620	190	21	14	0	80	190	101	3	86	8
4172 Hot Fudge Sundae 7.7 oz	1 Sundae	219g	610	260	29	18	0.5	95	160	80	1	55	6
4173 Hot Caramel Sundae 7.7 oz	1 Sundae	219g	610	240	26	17	0.5	100	170	84	0	59	5
4176 Turtle Sundae 13.5 oz	1 Sundae	383g	1270	570	63	32	1	140	340	166	4	106	12
4177 Dusty Miller Sundae 12 oz	1 Sundae	338g	920	270	30	19	0.5	110	210	155	3	121	10
4178 Tin Roof Sundae 13.3oz	1 Sundae	383g	1200	520	58	22	0.5	110	420	157	9	113	24
45892 Bulk Hot Chocolate with Non Fat Milk	1 Cup	322g	480	250	28	17	0	10	105	56	5	48	12
45900 Drinking Chocolate	4 fl oz	91g	230	140	16	9	0	15	20	23	2	20	3
45901 Hot Chocolate 12oz	12 fl oz	257g	460	270	30	18	0	30	80	46	4	39	8
45902 Hot Chocolate 16oz	16 fl oz	339g	610	360	40	23	0	40	105	61	5	52	11
45905 Brewed Coffee 12oz	12 fl oz		0	0	0	0	0	0	5	0	0	0	0
45906 Brewed Coffee 16oz	16 fl oz		0	0	0	0	0	0	10	0	0	0	1
45908 Espresso 2oz	2 fl oz	59g	5	0	0	0	0	0	10	1	0	0	0
45913 Mocha 12oz	12 fl oz		320	180	20	12	0	30	85	30	2	26	7
45914 Mocha 16oz	16 fl oz		450	250	28	16	0	40	130	43	3	37	11
45924 Cappuccino 16oz	16 fl oz		190	90	10	6	0	30	140	16	0	15	10
45933 Hot Spiced Cider 12oz	12 fl oz	266g	220	0	0	0	0	0	25	55	0	51	0
45934 Hot Spiced Cider 16oz	16 fl oz	399g	330	0	0	0	0	0	40	82	0	76	0

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45935 Hot Caramel Apple Cider 12oz	12 fl oz	276g	300	60	7	3.5	0	20	80	58	0	44	1
45936 Hot Caramel Apple Cider 16oz	16 fl oz	408g	420	70	8	4.5	0	25	120	85	0	65	1
45939 Sea Salt Caramel Hot Chocolate 12oz	12 fl oz	283g	540	260	29	17	0	40	440	66	3	51	9
45950 Sea Salt Caramel Hot Chocolate 16oz	16 fl oz	383g	750	360	40	24	0	55	500	93	4	71	12
45988 Iced Coffee 20oz	20 fl oz		80	20	2	1	0	5	30	13	0	13	2
46001 Drinking Chocolate with Nonfat Milk 4 oz	4 fl oz	91g	220	130	14	8	0	10	20	23	2	20	3
46002 Hot Chocolate with Nonfat Milk 12 oz	12 fl oz	257g	410	220	24	14	0	15	80	46	4	40	9
46003 Hot Chocolate with Nonfat Milk 16 oz	16 fl oz	340g	540	290	32	19	0	20	105	61	5	52	12
46004 Flavored Hot Chocolate with Nonfat Milk 12 oz	12 fl oz	256g	470	220	24	14	0	15	65	63	4	57	8
46005 Flavored Hot Chocolate with Nonfat Milk 16 oz	16 fl oz	349g	630	290	32	19	0	20	90	84	5	76	11
46006 Mocha with Nonfat Milk 12 oz	12 fl oz		270	130	14	8	0	15	85	31	2	26	8
46007 Mocha with Nonfat Milk 16 oz	16 fl oz		380	180	19	11	0	15	130	44	3	37	12
46008 Flavored Mocha with Nonfat Milk 12 oz	12 fl oz		330	130	14	8	0	15	75	48	2	43	7
46009 Flavored Mocha with Nonfat Milk 16 oz	16 fl oz		460	170	19	11	0	15	115	67	3	61	10
46010 Latte with Nonfat Milk 12 oz	12 fl oz		80	0	0	0	0	5	95	11	0	11	7
46011 Latte with Nonfat Milk 16 oz	16 fl oz		110	5	0	0	0	5	135	16	0	15	10
46012 Flavored Latte with Nonfat Milk 12 oz	12 fl oz		150	0	0	0	0	5	95	29	0	29	7
46013 Flavored Latte with Nonfat Milk 16 oz	16 fl oz		210	5	0	0	0	5	135	41	0	40	10
46014 Caramel Latte with Nonfat Milk 12 oz	12 fl oz		230	35	4	2.5	0	15	160	40	0	29	8
46015 Caramel Latte with Nonfat Milk 16 oz	16 fl oz		330	50	6	3.5	0	25	230	57	0	41	11
46016 Cappuccino with Nonfat Milk 12 oz	12 fl oz		80	0	0	0	0	5	95	11	0	11	7
46017 Cappuccino with Nonfat Milk 16 oz	16 fl oz		110	5	0	0	0	5	135	16	0	15	10

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46018 Flavored Cappuccino with Nonfat Milk 12 oz	12 fl oz		140	0	0	0	0	5	80	28	0	27	6
46019 Flavored Cappuccino with Nonfat Milk 16 oz	16 fl oz		200	5	0	0	0	5	125	39	0	38	9
46020 Iced Mocha with Nonfat Milk	20 fl oz		270	50	6	2	0	15	130	47	0	45	9
46021 Iced Latte with Nonfat Milk	20 fl oz		120	30	3	1.5	0	15	110	14	0	13	7
46022 Iced Flavored Latte with Nonfat Milk	20 fl oz		260	30	3	1.5	0	10	95	50	0	49	6
46023 Iced Caramel Latte with Nonfat Milk	20 fl oz		310	80	9	5	0	30	180	50	0	35	7
46026 Chai Latte with Nonfat Milk 12 oz	12 fl oz	254g	170	0	0	0	0	5	90	35	0	35	7
46027 Chai Latte with Nonfat Milk 16 oz	16 fl oz	356g	230	0	0	0	0	5	130	46	0	46	10
46028 SSC Hot Chocolate with Nonfat Milk 12 oz	12 fl oz	284g	490	210	23	13	0	25	440	66	3	51	9
46031 SSC Hot Chocolate with Nonfat Milk 16 oz	16 fl oz	384g	680	290	33	19	0	35	490	94	4	72	12
46032 Iced Drinking Chocolate with Nonfat Milk	20 fl oz	465g	340	180	20	12	0	5	75	40	4	34	8
46035 Iced Coffee with Nonfat Milk	20 fl oz		60	0	0	0	0	0	30	13	0	13	2
46036 Bulk Hot Chocolate with Soy Milk	1 Cup	323g	530	290	32	17	0	5	125	60	5	46	12
46038 Drinking Chocolate with Soy Milk 4 oz	4 fl oz	91g	230	130	15	8	0	10	25	23	2	19	3
46039 Hot Chocolate with Soy Milk 12 oz	12 fl oz	257g	450	250	27	15	0	15	95	48	4	38	9
46040 Hot Chocolate with Soy Milk 16 oz	16 fl oz	340g	590	320	36	19	0	15	125	64	5	50	12
46041 Flavored Hot Chocolate with Soy Milk 12 oz	12 fl oz	256g	500	240	27	15	0	15	80	65	4	55	8
46042 Flavored Milk Chocolate with Soy Milk 16 oz	16 fl oz	349g	670	320	36	19	0	15	110	87	5	74	11
46043 Mocha with Soy Milk 12 oz	12 fl oz		310	160	17	9	0	10	100	33	2	25	7
46044 Mocha with Soy Milk 16 oz	16 fl oz		430	220	24	12	0	10	150	47	3	35	11
46045 Flavored Mocha with Soy Milk 12 oz	12 fl oz		360	150	17	8	0	10	85	50	2	42	6
46046 Flavored Mocha with Soy Milk 16 oz	16 fl oz		510	210	24	12	0	10	140	70	3	58	10
46047 Latte with Soy Milk 12 oz	12 fl oz		120	35	4	0	0	0	115	14	0	9	7

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46048 Latte with Soy Milk 16 oz	16 fl oz		170	50	5	0.5	0	0	160	20	0	12	10
46049 Flavored Latte with Soy Milk 12 oz	12 fl oz		190	35	4	0	0	0	115	32	0	27	7
46051 Flavored Latte with Soy Milk 16 oz	12 fl oz		270	50	5	0.5	0	0	160	45	0	37	10
46052 Caramel Latte with Soy Milk 12 oz	12 fl oz		270	70	8	2.5	0	10	180	42	0	27	8
46053 Caramel Latte with Soy Milk 16 oz	16 fl oz		390	100	11	4	0	15	260	61	0	38	11
46054 Cappuccino with Soy Milk 12 oz	12 fl oz		120	35	4	0	0	0	115	14	0	9	7
46055 Cappuccino with Soy Milk 16 oz	16 fl oz		170	50	5	0.5	0	0	160	20	0	12	10
46056 Flavored Cappuccino with Soy Milk 12 oz	12 fl oz		180	30	3.5	0	0	0	100	31	0	26	6
46057 Flavored Cappuccino with Soy Milk 16 oz	16 fl oz		250	45	5	0.5	0	0	150	43	0	36	9
46058 Iced Mocha with Soy Milk 20 oz	20 fl oz		320	80	9	2.5	0	10	160	50	0	43	9
46059 Iced Latte with Soy Milk 20 oz	20 fl oz		160	60	7	2	0	10	130	17	0	11	7
46060 Iced Flavored Latte with Soy Milk 20 oz	20 fl oz		290	60	6	2	0	10	115	52	0	47	6
46061 Iced Caramel Latte with Soy Milk 20 oz	20 fl oz		360	110	12	5	0	25	210	56	0	36	7
46064 Chai Latte with Soy Milk 12 oz	12 fl oz	342g	210	35	3.5	0	0	0	115	38	0	33	7
46065 Chai Latte with Soy Milk 16 oz	16 fl oz	459g	260	50	5	0.5	0	0	160	44	0	37	10
46066 Sea-Salt Caramel Hot Chocolate with Soy Milk 12 oz	12 fl oz	284g	520	230	26	14	0	25	460	69	3	49	9
46069 Sea-Salt Caramel Hot Chocolate with Soy Milk 16 oz	16 fl oz	384g	730	330	37	20	0	30	520	97	4	69	12
46071 Iced Drinking Chocolate with Soy Milk 20 oz	20 fl oz	434g	360	200	22	12	0	5	75	40	4	31	7
46074 Iced Coffee with Soy Milk 20 oz	20 fl oz		70	10	1	0	0	0	35	14	0	13	2

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40048 Milk Pecan Snapper 5oz	1 Piece	142g	780	530	59	24	0	25	125	62	6	42	8
40049 Kilwins Milk Chocolate Cashew Bear Claw 5oz	1 Piece	142g	710	410	45	16	0	25	300	71	2	43	12
40062 Pecan Caramel Divinity Roll 4.2oz	1 Roll	119g	630	410	45	15	0	15	80	55	6	38	6
40075 Peanut Chip Dark PB Nutter Butter	1 Cookie	31g	150	80	8	4.5	0	0	60	19	1	12	2
41160 White and Dark Striped Milk Twinkie 3oz	1 Piece	84g	390	180	20	12	0	25	220	49	1	40	4
41535 Peanut Fluff Sandwich 2.25oz	1 Piece	71g	350	170	19	9	0	5	170	41	2	29	6
44933 Milk Striped Milk Graham Cracker	1 Piece	33g	170	90	10	5	0	5	55	20	1	15	2
45080 Milk Crab Claw 1.25oz	1 Piece	35g	170	80	9	7	0	10	50	21	1	15	1

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40101 White Striped White Chocolate Strawberry	1 Piece	42g	80	35	4	2.5	0	5	15	9	1	8	1
40102 Milk Chocolate Strawberry	1 Piece	42g	80	40	4.5	2.5	0	0	10	9	1	8	1
40103 Dark Striped Dark Chocolate Strawberry	1 Piece	42g	70	40	4.5	2.5	0	0	0	9	1	7	1

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4023 Milk Striped Caramel Pretzel Rod 1.5oz	1 Piece	44g	190	70	7	4.5	0	10	80	30	0	16	2

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4026 Sprinkled Milk Krispie 2.9oz	1 Piece	83g	420	180	20	11	0	10	180	55	1	39	4
4038 Caramel Krispie 3.35oz	1 Piece	95g	400	120	13	7	0	25	270	66	0	38	2
4042 Milk Striped Caramel Krispie 3.65oz	1 Piece	103g	440	150	16	9	0	25	270	71	0	43	3

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6014 Foil Easter Eggs Mesh Bag 1.5 oz	1 Bag	43g	240	130	15	9	0	10	30	24	1	22	2
6018 Milk Mini Bunnies in Mesh Bag	1 Bag	43g	240	130	15	9	0	10	30	24	1	22	2
6260 Peanut Butter Bunny	1 Piece	56g	300	180	20	11	0	10	95	28	1	25	6
6344 Mini Peanut Butter Cream Eggs 2.5 lbs	1 Piece	19g	90	35	4	1.5	0	0	30	13	0	12	1
40300 Milk Bunny Tails 1.5oz	1 Piece	43g	220	110	12	4.5	0	5	80	25	1	21	4

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8040 Foil Halloween Pops	1 Piece	14g	80	45	5	3	0	5	10	8	0	7	1
8042 Halloween Balls	1 Piece	6g	35	20	2	1.5	0	0	0	4	0	3	0
8043 Foil Ghost and Goblin Minis	1 Piece	9g	50	30	3	2	0	0	5	5	0	5	1
8044 Ghost and Goblin Mesh Bag 1.5 oz	1 Bag	43g	240	130	15	9	0	10	30	24	1	22	2
8045 Halloween Balls Mesh Bag 1.5 oz	1 Bag	43g	240	130	15	9	0	10	30	24	1	22	2
8047 Foiled Fall Leaves	1 Piece	7g	40	20	2.5	1.5	0	0	5	4	0	4	0

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4051 Sprinkled Milk Cookie 1oz	1 Piece	29g	150	80	8	4	0	5	55	19	0	14	1
43045 Dark Sea Salt Caramel Cookie	1 Cookie	46g	210	100	11	6	0	5	370	30	1	20	1
44966 Milk Caramel Cookie 1.3oz	1 Piece	37g	170	70	8	4	0	5	80	25	0	17	1

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4090 Milk Striped Milk Twist 1oz	1 Piece	30g	150	70	7	4	0	5	55	19	1	11	2
4092 White Striped White Chocolate Twist 1oz	1 Piece	30g	150	60	7	4	0	5	65	20	0	11	2
4190 Sprinkled Milk Pretzel Twist 0.8oz	1 Piece	25g	120	45	5	3	0	5	50	17	1	8	2
4194 Sprinkled White Pretzel Twist 0.8oz	1 Piece	25g	120	45	5	3	0	5	60	17	0	9	2
4205 Dark Sea-Salt Caramel Pretzel Twist	1 Piece	50g	220	90	10	6	0	10	380	33	1	18	2
4206 Milk Sea Salt Caramel Pretzel Twist	1 Piece	50g	230	90	10	6	0	10	390	33	1	19	2

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4124 White Striped Milk Shortbread 1.1oz	1 Piece	30g	170	80	9	6	0	20	80	19	0	10	2
4234 Dark Striped Dark Shortbread 1.1oz	1 Piece	30g	160	80	9	6	0	15	70	19	1	9	2
4703 Tonga Milk Shortbread 2oz	1 Piece	56g	280	130	14	10	0	25	120	35	1	21	2
4704 Tonga Dark Shortbread 2oz	1 Piece	56g	280	130	14	10	0	25	115	35	1	20	2

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41505 White Striped Milk Chocolate Smore	1 Piece	99g	470	180	20	11	0	10	210	67	2	46	5
45501 Milk Striped Milk Kilwins Marshmallow 3.15oz	1 Piece	89g	400	160	17	11	0	10	90	60	1	49	4
45504 Sprinkled Milk Marsh-Mallow 2.75oz	1 Piece	76g	330	110	12	8	0	5	80	52	1	42	3
45507 Milk Striped Caramel Marsh-Mallow 3.7oz	1 Piece	105g	410	110	13	8	0	20	160	74	0	53	3
45534 Milk Choc Smore Marsh-Mallow 3.65oz	1 Piece	103g	460	170	19	11	0	10	160	71	1	53	5
45536 Dark Choc Smore Marsh-Mallow 3.65oz	1 Piece	103g	440	170	19	11	0	5	125	71	4	50	4
45575 Milk Sea Salt Caramel Marsh-Mallow 4oz	1 Piece	111g	440	130	15	9	0	25	460	77	0	56	3

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4350 Chocolate Fudge	1 oz	28g	110	30	3.5	2	0	5	25	21	0	19	0
4351 Double-Dark Chocolate Fudge	1 oz	28g	110	35	4	2.5	0	5	25	20	0	18	0
4380 Peanut Butter Fudge	1 oz	28g	110	40	4	1.5	0	5	55	19	0	17	1
4388 Pumpkin Walnut Fudge	1 oz	28g	110	35	4	1.5	0	5	45	20	0	17	1
4394 Turtle Fudge	1 oz	28g	110	40	4	2.5	0	5	30	19	0	17	0
43000 Kilwins Mud Fudge	1 oz	28g	110	30	3.5	2	0	5	30	20	0	19	0
43030 Sea-Salt Chocolate Caramel Fudge	1 oz	28g	110	30	3.5	2	0	5	80	20	0	18	0

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7001 Foiled Hollow Santa	1 Piece	85g	470	270	30	18	0	15	65	48	1	45	5
7003 Foil Mr and Mrs Claus	1 Piece	9g	50	30	3	2	0	0	5	5	0	5	1
7004 Mini Foil Nutcrackers	1 Piece	9g	50	30	3	2	0	0	5	5	0	5	1
7005 Foil Milk Mini Snowman	1 Piece	9g	50	30	3	2	0	0	5	5	0	5	1
7006 Foil Mini Boy and Girl Elf	1 Piece	9g	50	30	3	2	0	0	5	5	0	5	1
7007 Mini Foil Christmas Mesh Bag	1 Bag	43g	240	130	15	9	0	10	30	24	1	22	2
7008 Foil Christmas Balls	1 Piece	6g	35	20	2	1.5	0	0	0	4	0	3	0
7009 Foil Christmas Balls Mesh Bag	1 Bag	43g	240	130	15	9	0	10	30	24	1	22	2
7010 Foiled Blue Silver Dreidel	1 Piece	99g	550	310	35	21	0	20	75	56	2	52	6
7011 Chanukah Gelt Mesh Bag	1 Bag	28g	160	90	10	6	0	5	20	16	0	15	2
7263 Peanut Butter Filled Tree	1 Piece	35g	190	120	13	7	0	5	60	17	1	16	4
7290 Christmas Mint Patties	1 Piece	10g	40	15	1.5	1	0	0	0	7	0	6	0
7291 Dark Chocolate Ginger	1 Piece	21g	90	35	4	2.5	0	0	0	15	1	13	0
7293 Mini Twists	1 Piece	8g	45	20	2	1.5	0	0	25	5	0	4	1

Nutritional information is calculated based on Kilwins approved recipes. Because our product offerings are handcrafted, exact information may vary. Data is calculated using ESHA Research's Genisis® R&D Software, and rounded to meet FDA regulations.



Name	Serving Size Description (English)	Serving Size Weight	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)
5201 White Party Cups BX 90	1 Piece	13g	70	35	4	2.5	0	0	15	8	0	8	1
5202 Milk Chocolate Party Cup BX90	1 Piece	13g	70	35	4	2.5	0	0	10	8	0	7	1
5203 Dark Chocolate Party Cup BX90	1 Piece	13g	60	35	4	2.5	0	0	0	8	1	7	1

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Name	Serving Size Description (English)	Serving Size Weight	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)