



Name	Serving Size Description (English)	Serving Size Weight	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)
100 Milk Almond Cluster	1 oz	28g	160	100	11	4.5	0	5	50	13	1	10	3
110 Milk Cashew Clusters	1 oz	28g	160	100	11	5	0	5	40	14	1	11	3
115 Dark Cashew Clusters	1 oz	28g	150	100	11	5	0	0	25	14	2	10	2
120 Milk Coconut Clusters	1 oz	28g	160	100	11	7	0	5	20	15	1	14	2
125 Dark Coconut Clusters	1 oz	28g	150	100	11	7	0	0	5	15	2	12	1
130 Milk Peanut Clusters	1 oz	28g	160	100	11	4.5	0	5	55	13	1	10	4
135 Dark Peanut Clusters	1 oz	28g	150	100	12	4.5	0	0	40	13	2	9	3
150 Milk Raisin Clusters	1 oz	28g	130	60	7	4	0	5	15	18	1	15	1
200 Milk Almond Bark	1 oz	28g	160	90	10	5	0	5	30	15	1	13	2
205 White Almond Bark	1 oz	28g	160	90	10	5	0	5	45	15	0	14	2
225 Dark Pecan Bark	1 oz	28g	150	100	11	6	0	0	0	15	2	12	1
230 Grand Peppermint Square Bulk	1 Piece	113g	450	190	21	12	0	5	0	72	4	61	3
253 Kilwins 72% Dark Almond Bark	1 oz	28g	160	110	12	7	0	0	20	11	3	7	3
254 Kilwins 72% Dark Cherry Bark	1 oz	28g	140	80	9	6	0	0	0	15	2	11	2
300 Chocolate Bon Bon	1 Piece	16g	70	25	3	2	0	0	10	12	0	12	0
315 Strawberry Bon Bon	1 Piece	16g	70	20	2.5	1.5	0	0	10	13	0	12	0
320 Bavarian Cream	1 Piece	16g	70	25	2.5	1.5	0	0	10	12	0	12	0
325 Milk Vanilla Buttercream	1 Piece	16g	70	25	2.5	1.5	0	5	10	13	0	12	0
330 Dark Vanilla Buttercream	1 Piece	16g	70	25	2.5	1.5	0	0	10	13	0	12	0
335 Milk Orange Cream	1 Piece	16g	70	20	2	1.5	0	0	10	13	0	12	0
340 Dark Orange Cream	1 Piece	16g	70	20	2.5	1.5	0	0	0	13	0	12	0
341 White Lemon Cream	1 Piece	16g	70	25	2.5	1.5	0	0	15	12	0	12	0
342 Dark Lemon Cream	1 Piece	16g	70	25	3	1.5	0	0	5	12	0	11	0
345 Milk Maple Cream	1 Piece	16g	70	20	2.5	1.5	0	0	10	13	0	12	0
350 Dark Maple Cream	1 Piece	16g	70	25	2.5	1.5	0	0	5	13	0	12	0
355 Milk Raspberry Cream	1 Piece	16g	70	20	2	1.5	0	0	10	13	0	12	0
360 Dark Raspberry Cream	1 Piece	16g	70	20	2	1.5	0	0	0	13	0	12	0
370 Milk Peanut Butter Smoothie	1 Piece	12g	70	40	4.5	2.5	0	0	40	7	0	6	1
375 Dark Peanut Butter Smoothie	1 Piece	12g	60	40	4.5	2.5	0	0	30	7	0	6	1
390 Milk Chocolate Cream	1 Piece	16g	70	25	2.5	1.5	0	0	5	12	0	12	0
395 Dark Chocolate Cream	1 Piece	16g	70	25	2.5	1.5	0	0	0	12	0	11	0
401 Peanut Butter Truffle	1 Piece	15g	80	50	5	2.5	0	0	35	7	1	6	2
403 Mocha Truffle	1 Piece	15g	90	60	7	4.5	0	0	5	7	0	7	1
407 Almond Truffle	1 Piece	15g	90	60	7	4.5	0	0	5	7	1	6	1
413 Hazelnut Truffle	1 Piece	15g	90	60	7	4	0	0	10	7	0	7	1

Nutritional information is calculated based on Kilwins approved recipes. Because our product offerings are handcrafted, exact information may vary. Data is calculated using ESHA Research's Genisis® R&D Software, and rounded to meet FDA regulations.



Name	Serving Size Description (English)	Serving Size Weight	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)
419 Irish Cream Truffle	1 Piece	15g	90	60	7	4.5	0	0	10	7	0	7	1
421 Raspberry Truffle	1 Piece	15g	90	60	6	4.5	0	0	10	8	0	7	1
424 Champagne Truffle	1 Piece	15g	90	60	6	4.5	0	5	15	8	0	7	1
431 Dark Chocolate Truffle	1 Piece	15g	90	60	7	4.5	0	0	0	7	1	6	1
436 Peppermint Truffle	1 Piece	15g	90	60	6	4.5	0	0	10	8	0	7	1
439 Malt Truffle	1 Piece	15g	90	60	6	4.5	0	0	15	7	0	7	1
450 White Chocolate Pretzel	1 Piece	8g	45	20	2	1.5	0	0	25	5	0	4	1
455 Milk Chocolate Pretzels	1 Piece	8g	45	20	2	1.5	0	0	25	5	0	3	1
456 Dark Mini Pretzels	1 Piece	8g	40	20	2	1.5	0	0	20	5	0	3	0
500 Milk Pecan Tuttle	About 1 Piece	24g	130	90	10	4.5	0	5	15	11	1	8	1
505 Dark Pecan Tuttle	About 1 Piece	24g	130	90	10	4.5	0	5	10	11	1	8	1
508 Almond Toffee Crunch	1 oz	28g	160	90	11	5	0	15	55	14	1	13	2
509 Almond Toffee Bars	1 Piece	33g	180	110	12	6	0	15	65	16	1	15	2
511 Dark Almond Toffee Bar	1 Piece	33g	170	110	13	6	0	15	55	16	2	14	2
520 Milk Caramel	1 Piece	17g	80	35	4	2.5	0	5	25	10	0	8	1
530 Milk Cashew Tuttle	About 1 Piece	24g	130	70	8	3.5	0	5	40	12	0	9	2
532 Dark Cashew Tuttle	About 1 Piece	24g	120	70	8	3.5	0	5	30	12	1	8	2
536 Milk Macadamia Tuttle	About 1 Piece	24g	140	100	11	4	0	5	50	10	1	7	1
540 Milk Cherry Cordial	1 Piece	18g	70	25	3	1.5	0	0	5	12	0	11	1
545 Dark Cherry Cordial	1 Piece	18g	70	25	3	1.5	0	0	0	12	1	10	0
550 Dark Coconut Macaroon	1 Piece	20g	100	60	7	5	0	0	0	11	1	9	1
585 Peppermint Pattie	1 Piece	10g	40	15	2	1	0	0	0	6	0	5	0
620 Milk Orange Peel	1 oz	28g	130	50	5	3	0	5	10	19	0	11	2
625 Dark Orange Peel	1 oz	28g	120	50	5	3.5	0	0	0	19	1	10	1
627 Dark Lemon Peel	1 oz	28g	120	50	6	3.5	0	0	15	18	1	17	1
700 Milk Chocolate Almond	1 oz	28g	160	100	11	4.5	0	5	40	13	1	11	3
705 Dark Chocolate Almonds	1 oz	28g	150	100	12	5	0	0	25	13	2	10	2
710 Milk Chocolate Cashew	1 oz	28g	160	100	12	4	0	5	55	12	1	8	3
715 Dark Chocolate Cashew	1 oz	28g	150	110	12	4	0	0	45	12	1	8	3
1030 Kilwins Milk Chocolate Square	1 Piece	11g	60	35	3.5	2	0	0	10	6	0	6	1
1236 It's A Boy Coins	1 Piece	6g	35	20	2	1	0	0	0	3	0	3	0
1237 It's A Girl Coins	1 Piece	6g	35	20	2	1	0	0	0	3	0	3	0
1238 Foil Mini Kilwins™ Cars	1 Piece	9g	50	30	3	2	0	0	5	5	0	5	1
1239 Foil Soccer Balls	1 Piece	6g	35	20	2	1.5	0	0	0	4	0	3	0
1240 Foil Baseballs	1 Piece	6g	35	20	2	1.5	0	0	0	4	0	3	0

Nutritional information is calculated based on Kilwins approved recipes. Because our product offerings are handcrafted, exact information may vary. Data is calculated using ESHA Research's Genisis® R&D Software, and rounded to meet FDA regulations.



Name	Serving Size Description (English)	Serving Size Weight	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)
1241 Foil Footballs	1 Piece	6g	35	20	2	1.5	0	0	0	4	0	3	0
1242 Foil Basketballs	1 Piece	6g	35	20	2	1.5	0	0	0	4	0	3	0
1243 Foil Sports Balls Mesh Bag	1 Bag	43g	240	130	15	9	0	10	30	24	1	22	2
1244 Foil Soccer Balls Mesh Bag	1 Bag	43g	240	130	15	9	0	10	30	24	1	22	2
1245 Foil Baseballs Mesh Bag	1 Bag	43g	240	130	15	9	0	10	30	24	1	22	2
1246 Foil Footballs Mesh Bag	1 Bag	43g	240	130	15	9	0	10	30	24	1	22	2
1247 Foiled Basketballs Mesh Bag	1 Bag	43g	240	130	15	9	0	10	30	24	1	22	2
1248 Blue Foil Stars	1 Piece	9g	50	30	3.5	2	0	0	5	5	0	5	1
1249 Gold Foil Star	1 Piece	9g	50	30	3.5	2	0	0	5	5	0	5	1
1250 Green Foil Stars	1 Piece	9g	50	30	3.5	2	0	0	5	5	0	5	1
1251 Red Foil Stars	1 Piece	9g	50	30	3.5	2	0	0	5	5	0	5	1
1252 Silver Foil Stars	1 Piece	9g	50	30	3.5	2	0	0	5	5	0	5	1
1253 Animal Discs Bulk	1 Piece	7g	40	20	2.5	1.5	0	0	5	4	0	4	0
1255 Flower Discs Bulk	1 Piece	7g	40	20	2.5	1.5	0	0	5	4	0	4	0
1257 Foiled Shamrocks	1 Piece	9g	50	30	3	2	0	0	5	5	0	5	1
4452 Milk Chocolate Rainbow Non-pareil Drops	1 oz	28g	150	70	8	4.5	0	5	15	19	0	16	1
4453 Dark Chocolate Non-Pareils	1 oz	28g	140	70	8	5	0	0	0	19	1	15	1
47970 Milk Chocolate Peanut Butter Cup 3oz	1 Piece	85g	470	270	30	17	0	10	180	44	2	40	8
47971 Dark Chocolate Peanut Butter Cup 3oz	1 Piece	85g	450	280	31	17	0	5	150	44	4	38	7

Nutritional information is calculated based on Kilwins approved recipes. Because our product offerings are handcrafted, exact information may vary. Data is calculated using ESHA Research's Genisis ® R&D Software, and rounded to meet FDA regulations.



Name	Serving Size Description (English)	Serving Size Weight	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)
1036 Kilwins Stamped Milk Chocolate Gold Coins	1 Piece	6g	35	20	2	1	0	0	0	3	0	3	0
1101 Milk Peanut Butter Cup 2oz	1 Piece	56g	310	190	21	11	0	10	100	28	2	25	6
1102 Dark Chocolate Peanut Butter Cup	1 Piece	56g	290	180	20	10	0	5	70	29	3	23	5
1280 Kilwins Foil Milk Squares 5 lbs	1 Piece	12g	70	35	4	2.5	0	0	10	7	0	6	1
4088 Caramel Chews 1oz	1 Piece	28g	120	40	4.5	3	0	10	50	19	0	12	1

Nutritional information is calculated based on Kilwins approved recipes. Because our product offerings are handcrafted, exact information may vary. Data is calculated using ESHA Research's Genisis ® R&D Software, and rounded to meet FDA regulations.



Name	Serving Size Description (English)	Serving Size Weight	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)
2587 Kilwins Chocolate Syrup	2 Tbsp	41g	110	5	0.5	0	0	0	0	29	1	26	1
2611 Caramel Topping 9lb Pail	2 Tbsp	35g	130	35	3.5	2	0	10	55	25	0	15	1
2614 Marsh-Mallow Bulk Topping Pail	2 Tbsp	28g	90	0	0	0	0	0	0	22	0	14	0
3814 Sea-Salt Chocolate Caramel Ice Cream	5 oz	142g	350	150	16	12	0	45	300	49	1	38	4
3816 Chocolate Toasted Coconut Ice Cream	5 oz	142g	370	200	22	16	0	45	95	41	4	30	6
4682 Dark Chocolate Waffle Cone	1 Cone	60g	270	100	11	6	0	5	70	43	1	27	3
4683 Dark Chocolate Waffle Cone - Single	1 Cone	201g	610	250	28	18	0.5	80	150	82	1	57	7
4684 Dark Chocolate Waffle Cone - Double	1 Cone	315g	880	380	42	27	1	135	210	113	1	81	10
4685 Sprinkled Dk Choc Waffle Cone	1 Cone	62g	280	100	11	6	0	5	70	46	1	29	3
4686 Sprinkled Dark Chocolate Waffle Cone - Single	1 Cone	204g	620	250	28	18	0.5	80	150	84	1	59	7
4687 Sprinkled Dark Chocolate Waffle Cone - Double	1 Cone	317g	890	380	42	27	1	135	210	116	1	83	10
4688 White Chocolate Waffle Cone	1 Cone	60g	280	90	10	6	0	10	100	44	0	29	3
4689 White Chocolate Waffle Cone - Single	1 Cone	201g	620	250	28	17	0.5	80	180	83	0	59	7
4690 White Chocolate Waffle Cone - Double	1 Cone	315g	890	370	42	27	1	140	240	114	0	83	10
4691 Sprinkled Wht Choc Waffle Cone	1 Cone	62g	290	90	10	6	0	10	100	46	0	31	3
4692 Sprinkled White Choc Waffle Cone - Single	1 Cone	204g	630	250	28	18	0.5	80	180	85	0	61	7
4693 Sprinkled White Choc Waffle Cone - Double	1 Cone	317g	900	380	42	27	1	140	240	116	0	85	10

Nutritional information is calculated based on Kilwins approved recipes. Because our product offerings are handcrafted, exact information may vary. Data is calculated using ESHA Research's Genisis® R&D Software, and rounded to meet FDA regulations.



Name	Serving Size Description (English)	Serving Size Weight	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)
4001 100ct Peanut Caramel Apple 10.6oz	1 Apple	303g	600	250	28	10	0	30	160	86	3	58	9
4010 Caramel Apple 9.6oz	1 Apple	275g	440	120	14	8	0	30	160	80	0	56	2
4011 100 ct Pecan Caramel Apple 10.6oz	1 Apple	303g	630	300	34	14	0	30	160	84	3	57	5
4012 100ct Turtle Apple 11.2oz	1 Apple	320g	720	360	40	18	0	35	170	94	3	66	6
47025 100ct Sea-Salt Milk Caramel Apple 11.1oz	1 Apple	315g	650	240	27	17	0	40	1310	102	1	77	5
47075 100ct Sprinkled Wht Chocolate Topper Apple 11.2oz	1 Apple	320g	680	240	27	17	0	40	210	109	0	83	4
47076 100ct Wht Chocolate Topper Apple 11oz	1 Apple	316g	660	240	27	17	0	40	210	105	0	80	4
47077 88ct Sprinkled Wht Chocolate Topper Apple 12.5oz	1 Apple	357g	740	260	29	18	0.5	45	230	120	0	91	5
47078 88ct Wht Chocolate Topper Apple 12.3oz	1 Apple	353g	720	260	29	18	0.5	45	230	116	0	88	5
47079 100ct Sprinkled Mk Chocolate Topper Apple 11.2oz	1 Apple	317g	670	240	27	17	0	40	190	107	1	81	5
47080 100ct Mk Chocolate Topper Apple 11oz	1 Apple	316g	660	250	27	17	0	40	190	104	1	78	5
47081 88ct Sprinkled Mk Chocolate Topper Apple 12.5oz	1 Apple	357g	740	270	30	18	0.5	45	210	119	1	89	5
47082 88ct Mk Chocolate Topper Apple 12.3oz	1 Apple	353g	720	270	30	18	0.5	45	210	115	1	86	5
47091 100ct Sprinkled Dk Chocolate Topper Apple 11.2oz	1 Apple	317g	660	250	28	17	0	35	160	108	2	79	4
47092 100ct Dk Chocolate Topper Apple 11oz	1 Apple	313g	640	250	28	17	0	35	160	104	2	76	4
47093 88ct Sprinkled Dk Chocolate Topper Apple 12.5oz	1 Apple	357g	720	270	30	18	0	40	180	119	3	87	4
47094 88ct Dk Chocolate Topper Apple 12.3oz	1 Apple	353g	710	270	30	18	0	40	180	115	3	84	4

Nutritional information is calculated based on Kilwins approved recipes. Because our product offerings are handcrafted, exact information may vary. Data is calculated using ESHA Research's Genisis® R&D Software, and rounded to meet FDA regulations.



Name	Serving Size Description (English)	Serving Size Weight	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)
45892 Bulk Hot Chocolate with Non Fat Milk	1 Cup	322g	480	250	28	17	0	10	105	56	5	48	12
45988 Iced Coffee 20oz	20 fl oz		80	20	2	1	0	5	30	13	0	13	2
46001 Drinking Chocolate with Nonfat Milk 4 oz	4 fl oz	91g	220	130	14	8	0	10	20	23	2	20	3
46002 Hot Chocolate with Nonfat Milk 12 oz	12 fl oz	257g	410	220	24	14	0	15	80	46	4	40	9
46003 Hot Chocolate with Nonfat Milk 16 oz	16 fl oz	340g	540	290	32	19	0	20	105	61	5	52	12
46004 Flavored Hot Chocolate with Nonfat Milk 12 oz	12 fl oz	256g	470	220	24	14	0	15	65	63	4	57	8
46005 Flavored Hot Chocolate with Nonfat Milk 16 oz	16 fl oz	349g	630	290	32	19	0	20	90	84	5	76	11
46006 Mocha with Nonfat Milk 12 oz	12 fl oz		270	130	14	8	0	15	85	31	2	26	8
46007 Mocha with Nonfat Milk 16 oz	16 fl oz		380	180	19	11	0	15	130	44	3	37	12
46008 Flavored Mocha with Nonfat Milk 12 oz	12 fl oz		330	130	14	8	0	15	75	48	2	43	7
46009 Flavored Mocha with Nonfat Milk 16 oz	16 fl oz		460	170	19	11	0	15	115	67	3	61	10
46010 Latte with Nonfat Milk 12 oz	12 fl oz		80	0	0	0	0	5	95	11	0	11	7
46011 Latte with Nonfat Milk 16 oz	16 fl oz		110	5	0	0	0	5	135	16	0	15	10
46012 Flavored Latte with Nonfat Milk 12 oz	12 fl oz		150	0	0	0	0	5	95	29	0	29	7
46013 Flavored Latte with Nonfat Milk 16 oz	16 fl oz		210	5	0	0	0	5	135	41	0	40	10
46014 Caramel Latte with Nonfat Milk 12 oz	12 fl oz		230	35	4	2.5	0	15	160	40	0	29	8
46015 Caramel Latte with Nonfat Milk 16 oz	16 fl oz		330	50	6	3.5	0	25	230	57	0	41	11
46016 Cappuccino with Nonfat Milk 12 oz	12 fl oz		80	0	0	0	0	5	95	11	0	11	7
46017 Cappuccino with Nonfat Milk 16 oz	16 fl oz		110	5	0	0	0	5	135	16	0	15	10
46018 Flavored Cappuccino with Nonfat Milk 12 oz	12 fl oz		140	0	0	0	0	5	80	28	0	27	6
46019 Flavored Cappuccino with Nonfat Milk 16 oz	16 fl oz		200	5	0	0	0	5	125	39	0	38	9

Nutritional information is calculated based on Kilwins approved recipes. Because our product offerings are handcrafted, exact information may vary. Data is calculated using ESHA Research's Genisis ® R&D Software, and rounded to meet FDA regulations.



Name	Serving Size Description (English)	Serving Size Weight	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)
46020 Iced Mocha with Nonfat Milk	20 fl oz		270	50	6	2	0	15	130	47	0	45	9
46021 Iced Latte with Nonfat Milk	20 fl oz		120	30	3	1.5	0	15	110	14	0	13	7
46022 Iced Flavored Latte with Nonfat Milk	20 fl oz		260	30	3	1.5	0	10	95	50	0	49	6
46023 Iced Caramel Latte with Nonfat Milk	20 fl oz		310	80	9	5	0	30	180	50	0	35	7
46026 Chai Latte with Nonfat Milk 12 oz	12 fl oz	254g	170	0	0	0	0	5	90	35	0	35	7
46027 Chai Latte with Nonfat Milk 16 oz	16 fl oz	356g	230	0	0	0	0	5	130	46	0	46	10
46028 SSC Hot Chocolate with Nonfat Milk 12 oz	12 fl oz	284g	490	210	23	13	0	25	440	66	3	51	9
46031 SSC Hot Chocolate with Nonfat Milk 16 oz	16 fl oz	384g	680	290	33	19	0	35	490	94	4	72	12
46032 Iced Drinking Chocolate with Nonfat Milk	20 fl oz	465g	340	180	20	12	0	5	75	40	4	34	8
46035 Iced Coffee with Nonfat Milk	20 fl oz		60	0	0	0	0	0	30	13	0	13	2
46036 Bulk Hot Chocolate with Soy Milk	1 Cup	323g	530	290	32	17	0	5	125	60	5	46	12
46038 Drinking Chocolate with Soy Milk 4 oz	4 fl oz	91g	230	130	15	8	0	10	25	23	2	19	3
46039 Hot Chocolate with Soy Milk 12 oz	12 fl oz	257g	450	250	27	15	0	15	95	48	4	38	9
46040 Hot Chocolate with Soy Milk 16 oz	16 fl oz	340g	590	320	36	19	0	15	125	64	5	50	12
46041 Flavored Hot Chocolate with Soy Milk 12 oz	12 fl oz	256g	500	240	27	15	0	15	80	65	4	55	8
46042 Flavored Milk Chocolate with Soy Milk 16 oz	16 fl oz	349g	670	320	36	19	0	15	110	87	5	74	11
46043 Mocha with Soy Milk 12 oz	12 fl oz		310	160	17	9	0	10	100	33	2	25	7
46044 Mocha with Soy Milk 16 oz	16 fl oz		430	220	24	12	0	10	150	47	3	35	11
46045 Flavored Mocha with Soy Milk 12 oz	12 fl oz		360	150	17	8	0	10	85	50	2	42	6
46046 Flavored Mocha with Soy Milk 16 oz	16 fl oz		510	210	24	12	0	10	140	70	3	58	10
46047 Latte with Soy Milk 12 oz	12 fl oz		120	35	4	0	0	0	115	14	0	9	7
46048 Latte with Soy Milk 16 oz	16 fl oz		170	50	5	0.5	0	0	160	20	0	12	10
46049 Flavored Latte with Soy Milk 12 oz	12 fl oz		190	35	4	0	0	0	115	32	0	27	7

Nutritional information is calculated based on Kilwins approved recipes. Because our product offerings are handcrafted, exact information may vary. Data is calculated using ESHA Research's Genisis ® R&D Software, and rounded to meet FDA regulations.



Name	Serving Size Description (English)	Serving Size Weight	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)
46051 Flavored Latte with Soy Milk 16 oz	12 fl oz		270	50	5	0.5	0	0	160	45	0	37	10
46052 Caramel Latte with Soy Milk 12 oz	12 fl oz		270	70	8	2.5	0	10	180	42	0	27	8
46053 Caramel Latte with Soy Milk 16 oz	16 fl oz		390	100	11	4	0	15	260	61	0	38	11
46054 Cappuccino with Soy Milk 12 oz	12 fl oz		120	35	4	0	0	0	115	14	0	9	7
46055 Cappuccino with Soy Milk 16 oz	16 fl oz		170	50	5	0.5	0	0	160	20	0	12	10
46056 Flavored Cappuccino with Soy Milk 12 oz	12 fl oz		180	30	3.5	0	0	0	100	31	0	26	6
46057 Flavored Cappuccino with Soy Milk 16 oz	16 fl oz		250	45	5	0.5	0	0	150	43	0	36	9
46058 Iced Mocha with Soy Milk 20 oz	20 fl oz		320	80	9	2.5	0	10	160	50	0	43	9
46059 Iced Latte with Soy Milk 20 oz	20 fl oz		160	60	7	2	0	10	130	17	0	11	7
46060 Iced Flavored Latte with Soy Milk 20 oz	20 fl oz		290	60	6	2	0	10	115	52	0	47	6
46061 Iced Caramel Latte with Soy Milk 20 oz	20 fl oz		360	110	12	5	0	25	210	56	0	36	7
46064 Chai Latte with Soy Milk 12 oz	12 fl oz	342g	210	35	3.5	0	0	0	115	38	0	33	7
46065 Chai Latte with Soy Milk 16 oz	16 fl oz	459g	260	50	5	0.5	0	0	160	44	0	37	10
46066 Sea-Salt Caramel Hot Chocolate with Soy Milk 12 oz	12 fl oz	284g	520	230	26	14	0	25	460	69	3	49	9
46069 Sea-Salt Caramel Hot Chocolate with Soy Milk 16 oz	16 fl oz	384g	730	330	37	20	0	30	520	97	4	69	12
46071 Iced Drinking Chocolate with Soy Milk 20 oz	20 fl oz	434g	360	200	22	12	0	5	75	40	4	31	7
46074 Iced Coffee with Soy Milk 20 oz	20 fl oz		70	10	1	0	0	0	35	14	0	13	2

Nutritional information is calculated based on Kilwins approved recipes. Because our product offerings are handcrafted, exact information may vary. Data is calculated using ESHA Research's Genisis® R&D Software, and rounded to meet FDA regulations.



Name	Serving Size Description (English)	Serving Size Weight	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)
40048 Milk Pecan Snapper 5oz	1 Piece	142g	780	530	59	24	0	25	125	62	6	42	8
40049 Kilwins Milk Chocolate Cashew Bear Claw 5oz	1 Piece	142g	710	410	45	16	0	25	300	71	2	43	12
41003 Dark Chocolate Cashew Kilwins Bear Claw 5 oz	1 Piece	142g	700	410	46	16	0	25	270	71	4	41	12
41004 Dark Chocolate Pecan Snapper 5oz	1 Piece	142g	770	530	59	24	0	25	105	62	7	40	7
44933 Milk Striped Milk Graham Cracker	1 Piece	33g	170	90	10	5	0	5	55	20	1	15	2
44934 Dark Striped Dark Graham 1.15oz	1 Piece	33g	160	90	10	5	0	0	35	20	2	14	2

Nutritional information is calculated based on Kilwins approved recipes. Because our product offerings are handcrafted, exact information may vary. Data is calculated using ESHA Research's Genisis ® R&D Software, and rounded to meet FDA regulations.



Name	Serving Size Description (English)	Serving Size Weight	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)
40102 Milk Chocolate Strawberry	1 Piece	42g	80	40	4.5	2.5	0	0	10	9	1	8	1

Nutritional information is calculated based on Kilwins approved recipes. Because our product offerings are handcrafted, exact information may vary. Data is calculated using ESHA Research's Genisis ® R&D Software, and rounded to meet FDA regulations.



Name	Serving Size Description (English)	Serving Size Weight	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)
4020 Sprinkled Dark Pretzel Rod 0.8oz	1 Piece	25g	120	50	5	3	0	0	30	17	1	8	2
4021 Sprinkled Milk Pretzel Rod 0.8oz	1 Piece	25g	120	50	5	3	0	5	40	17	1	8	2
4022 Pecan Turtle Pretzel Rod 2.6oz	1 Piece	75g	410	270	30	11	0	10	80	34	4	17	5
4023 Milk Striped Caramel Pretzel Rod 1.5oz	1 Piece	44g	190	70	7	4.5	0	10	80	30	0	16	2
4255 Milk Striped Milk Pretzel Rod	1 Piece	30g	150	70	7	4	0	5	45	19	1	11	2
4256 Dark Striped Dark Pretzel Rod 1oz	1 Piece	30g	140	70	8	4.5	0	0	30	19	2	10	2
45027 Milk Striped Milk 1/2 Pretzel Rod .5oz	1 Piece	15g	80	35	3.5	2	0	0	20	10	0	5	1

Nutritional information is calculated based on Kilwins approved recipes. Because our product offerings are handcrafted, exact information may vary. Data is calculated using ESHA Research's Genisis ® R&D Software, and rounded to meet FDA regulations.



Name	Serving Size Description (English)	Serving Size Weight	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)
4026 Sprinkled Milk Krispie 2.9oz	1 Piece	83g	420	180	20	11	0	10	180	55	1	39	4
4039 Milk Striped Milk Chocolate Krispie 3.3oz	1 Piece	94g	480	220	25	14	0	10	190	59	1	43	4
4040 Dark Striped Dark Chocolate Krispie 3.3oz	1 Piece	94g	450	230	26	14	0	5	150	59	4	40	4
4257 Milk Chocolate Krispie Mini Morsels 3.55oz	1 Piece	101g	500	220	24	14	0	15	180	66	2	50	4

Nutritional information is calculated based on Kilwins approved recipes. Because our product offerings are handcrafted, exact information may vary. Data is calculated using ESHA Research's Genisis ® R&D Software, and rounded to meet FDA regulations.



Name	Serving Size Description (English)	Serving Size Weight	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)
6011 Foil Standing Rabbit 1.5 oz	1 Piece	43g	240	130	15	9	0	10	30	24	1	22	2
6012 Foil Easter Eggs	1 Piece	6g	35	20	2	1.5	0	0	0	4	0	3	0
6014 Foil Easter Eggs Mesh Bag 1.5 oz	1 Bag	43g	240	130	15	9	0	10	30	24	1	22	2
6017 Mini Foil Bunnies	1 Piece	9g	50	30	3	2	0	0	5	5	0	5	1
6260 Peanut Butter Bunny	1 Piece	56g	300	180	20	11	0	10	95	28	1	25	6
6344 Mini Peanut Butter Cream Eggs 2.5 lbs	1 Piece	19g	90	35	4	1.5	0	0	30	13	0	12	1
40300 Milk Bunny Tails 1.5oz	1 Piece	43g	220	110	12	4.5	0	5	80	25	1	21	4
40301 Dark Bunny Tails	1 Piece	43g	210	110	12	4.5	0	0	70	25	2	20	4
40302 White Bunny Tails	1 Piece	43g	220	110	12	4.5	0	5	85	25	1	22	4

Nutritional information is calculated based on Kilwins approved recipes. Because our product offerings are handcrafted, exact information may vary. Data is calculated using ESHA Research's Genisis ® R&D Software, and rounded to meet FDA regulations.



Name	Serving Size Description (English)	Serving Size Weight	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)
8040 Foil Halloween Pops	1 Piece	14g	80	45	5	3	0	5	10	8	0	7	1
8042 Halloween Balls	1 Piece	6g	35	20	2	1.5	0	0	0	4	0	3	0
8043 Foil Ghost and Goblin Minis	1 Piece	9g	50	30	3	2	0	0	5	5	0	5	1
8044 Ghost and Goblin Mesh Bag 1.5 oz	1 Bag	43g	240	130	15	9	0	10	30	24	1	22	2
8045 Halloween Balls Mesh Bag 1.5 oz	1 Bag	43g	240	130	15	9	0	10	30	24	1	22	2
8047 Foiled Fall Leaves	1 Piece	7g	40	20	2.5	1.5	0	0	5	4	0	4	0

Nutritional information is calculated based on Kilwins approved recipes. Because our product offerings are handcrafted, exact information may vary. Data is calculated using ESHA Research's Genisis ® R&D Software, and rounded to meet FDA regulations.



Name	Serving Size Description (English)	Serving Size Weight	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)
4048 Dark Striped Dark Chocolate Cookie 1.1oz	1 Piece	32g	160	90	10	4.5	0	0	45	20	1	14	1
4049 Milk Striped Milk Chocolate Cookie 1.1oz	1 Piece	32g	160	80	9	4.5	0	5	60	20	0	15	1
4051 Sprinkled Milk Cookie 1oz	1 Piece	29g	150	80	8	4	0	5	55	19	0	14	1
4099 Milk Specialty Cookie 1oz	1 Piece	31g	160	80	8	4	0	5	55	21	0	16	1
4107 Dark Specialty Cookie 1oz	1 Piece	31g	150	80	9	4	0	0	45	21	1	15	1
43045 Dark Sea Salt Caramel Cookie	1 Cookie	46g	210	100	11	6	0	5	370	30	1	20	1
43046 Milk Chocolate Sea-Salt Caramel Cookie	1 Cookie	46g	220	100	11	6	0	10	390	30	0	21	2
45151 Dark Mint Cookie 1.1oz	1 Cookie	32g	160	90	10	4.5	0	0	45	20	1	15	1

Nutritional information is calculated based on Kilwins approved recipes. Because our product offerings are handcrafted, exact information may vary. Data is calculated using ESHA Research's Genisis® R&D Software, and rounded to meet FDA regulations.



Name	Serving Size Description (English)	Serving Size Weight	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)
4090 Milk Striped Milk Twist 1oz	1 Piece	30g	150	70	7	4	0	5	55	19	1	11	2
4091 Dark Striped Dark Pretzel Twist 1oz	1 Piece	30g	140	70	7	4.5	0	0	40	19	2	9	2
4190 Sprinkled Milk Pretzel Twist 0.8oz	1 Piece	25g	120	45	5	3	0	5	50	17	1	8	2
4192 Sprinkled Dark Pretzel Twist 0.8oz	1 Piece	25g	110	50	5	3	0	0	40	17	1	7	2
4205 Dark Sea-Salt Caramel Pretzel Twist	1 Piece	50g	220	90	10	6	0	10	380	33	1	18	2

Nutritional information is calculated based on Kilwins approved recipes. Because our product offerings are handcrafted, exact information may vary. Data is calculated using ESHA Research's Genisis ® R&D Software, and rounded to meet FDA regulations.



Name	Serving Size Description (English)	Serving Size Weight	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)
4703 Tonga Milk Shortbread 2oz	1 Piece	56g	280	130	14	10	0	25	120	35	1	21	2
4704 Tonga Dark Shortbread 2oz	1 Piece	56g	280	130	14	10	0	25	115	35	1	20	2
4705 Dark Caramel Shortbread 1.7oz	1 Piece	47g	230	100	11	7	0	25	110	31	0	17	2
4706 Milk Caramel Shortbread 1.7oz	1 Piece	47g	230	100	11	7	0	25	115	31	0	17	2
4707 Caramel Shortbread 1.5oz	1 Piece	42g	200	80	9	6	0	25	110	28	0	14	1

Nutritional information is calculated based on Kilwins approved recipes. Because our product offerings are handcrafted, exact information may vary. Data is calculated using ESHA Research's Genisis ® R&D Software, and rounded to meet FDA regulations.



Name	Serving Size Description (English)	Serving Size Weight	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)
45501 Milk Striped Milk Kilwins Marshmallow 3.15oz	1 Piece	89g	400	160	17	11	0	10	90	60	1	49	4
45502 Dark Striped Dark Marsh-Mallow 3.15oz	1 Piece	89g	380	160	18	11	0	5	55	60	3	46	3
45504 Sprinkled Milk Marsh-Mallow 2.75oz	1 Piece	76g	330	110	12	8	0	5	80	52	1	42	3
45505 Sprinkled Dark Chocolate Marsh-Mallow 2.75oz	1 Piece	76g	310	110	13	8	0	5	50	52	2	40	3
45526 Milk Chocolate Pecan Marsh-Mallow 3.4oz	1 Piece	96g	470	250	27	12	0	5	80	54	3	43	5
45579 Heavenly Hash 4oz	1 Piece	113g	590	320	35	20	0	15	90	64	2	55	6

Nutritional information is calculated based on Kilwins approved recipes. Because our product offerings are handcrafted, exact information may vary. Data is calculated using ESHA Research's Genisis ® R&D Software, and rounded to meet FDA regulations.



Name	Serving Size Description (English)	Serving Size Weight	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)
4350 Chocolate Fudge	1 oz	28g	110	30	3.5	2	0	5	25	21	0	19	0
4351 Double-Dark Chocolate Fudge	1 oz	28g	110	35	4	2.5	0	5	25	20	0	18	0
4354 Chocolate Caramel Cashew Fudge	1 oz	28g	110	35	4	2	0	5	30	20	0	17	0
4356 Chocolate Cherry Walnut Fudge	1 oz	28g	110	35	3.5	2	0	5	25	20	0	18	0
4358 Chocolate English Walnut Fudge	1 oz	28g	120	45	5	2	0	5	25	19	0	17	1
4360 Chocolate Mint Fudge	1 oz	28g	110	30	3.5	2	0	5	25	21	0	19	0
4362 Chocolate Peanut Butter Fudge	1 oz	28g	110	40	4.5	2	0	5	50	19	0	17	1
4364 Chocolate Pecan Fudge	1 oz	28g	120	45	5	2.5	0	5	25	19	0	17	0
4368 Butter Pecan Fudge	1 oz	28g	110	40	4.5	2	0	5	35	19	0	18	0
4372 Cookies n Cream Fudge	1 oz	28g	110	25	3	1.5	0	5	45	21	0	20	0
4374 German Chocolate Fudge	1 oz	28g	120	45	5	2.5	0	5	25	19	0	17	1
4376 Maple Walnut Fudge	1 oz	28g	110	40	4.5	1.5	0	5	40	19	0	18	0
4378 Mint Chocolate Chip Fudge	1 oz	28g	110	30	3.5	2	0	5	35	21	0	19	0
4379 Toasted Coconut Chocolate Chunk Fudge	1 oz	28g	110	35	4	3	0	5	35	20	0	18	0
4380 Peanut Butter Fudge	1 oz	28g	110	40	4	1.5	0	5	55	19	0	17	1
4381 Maple Fudge	1 oz	28g	110	25	2.5	1.5	0	5	45	21	0	20	0
4382 Penuche Fudge	1 oz	28g	110	25	3	1.5	0	5	45	21	0	20	0
4392 Toasted Coconut Fudge	1 oz	28g	110	30	3.5	2.5	0	5	40	20	0	19	0
4394 Turtle Fudge	1 oz	28g	110	40	4	2.5	0	5	30	19	0	17	0
43000 Kilwins Mud Fudge	1 oz	28g	110	30	3.5	2	0	5	30	20	0	19	0
43001 French Silk Fudge	1 oz	28g	110	35	3.5	2.5	0	5	25	20	0	19	0
43008 Sea-Salt Double-Dark Caramel Fudge	1 oz	28g	110	35	4	2.5	0	5	75	20	0	17	0
43010 Key Lime Fudge	1 oz	28g	110	25	2.5	1.5	0	5	40	21	0	20	0
43016 Peanut Butter Chocolate Chunk Gem Fudge	1 oz	28g	110	35	4	2	0	5	50	19	0	17	1
43030 Sea-Salt Chocolate Caramel Fudge	1 oz	28g	110	30	3.5	2	0	5	80	20	0	18	0
43036 Lemon Fudge	1 oz	28g	110	25	2.5	1.5	0	5	40	21	0	20	0
43038 Strawberry Chocolate Chunk Fudge	1 oz	28g	110	30	3.5	2	0	5	35	21	0	19	0
43064 Heavenly Hash Fudge	1 oz	28g	110	35	4	2	0	5	25	20	0	18	0

Nutritional information is calculated based on Kilwins approved recipes. Because our product offerings are handcrafted, exact information may vary. Data is calculated using ESHA Research's Genisis® R&D Software, and rounded to meet FDA regulations.



Name	Serving Size Description (English)	Serving Size Weight	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)
7001 Foiled Hollow Santa	1 Piece	85g	470	270	30	18	0	15	65	48	1	45	5
7003 Foil Mr and Mrs Claus	1 Piece	9g	50	30	3	2	0	0	5	5	0	5	1
7004 Mini Foil Nutcrackers	1 Piece	9g	50	30	3	2	0	0	5	5	0	5	1
7005 Foil Milk Mini Snowman	1 Piece	9g	50	30	3	2	0	0	5	5	0	5	1
7006 Foil Mini Boy and Girl Elf	1 Piece	9g	50	30	3	2	0	0	5	5	0	5	1
7007 Mini Foil Christmas Mesh Bag	1 Bag	43g	240	130	15	9	0	10	30	24	1	22	2
7008 Foil Christmas Balls	1 Piece	6g	35	20	2	1.5	0	0	0	4	0	3	0
7009 Foil Christmas Balls Mesh Bag	1 Bag	43g	240	130	15	9	0	10	30	24	1	22	2
7010 Foiled Blue Silver Dreidel	1 Piece	99g	550	310	35	21	0	20	75	56	2	52	6
7011 Chanukah Gelt Mesh Bag	1 Bag	28g	160	90	10	6	0	5	20	16	0	15	2
7263 Peanut Butter Filled Tree	1 Piece	35g	190	120	13	7	0	5	60	17	1	16	4
7290 Christmas Mint Patties	1 Piece	10g	40	15	1.5	1	0	0	0	7	0	6	0
7293 Mini Twists	1 Piece	8g	45	20	2	1.5	0	0	25	5	0	4	1

Nutritional information is calculated based on Kilwins approved recipes. Because our product offerings are handcrafted, exact information may vary. Data is calculated using ESHA Research's Genisis® R&D Software, and rounded to meet FDA regulations.



Name	Serving Size Description (English)	Serving Size Weight	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)
5049 Red Foiled Hearts	1 Piece	9g	45	25	3	2	0	0	5	5	0	4	0
5050 Pink Foiled Hearts	1 Piece	9g	45	25	3	2	0	0	5	5	0	4	0
5051 Silver Foiled Hearts	1 Piece	9g	45	25	3	2	0	0	5	5	0	4	0
5052 Chocolate Heart Pop	1 Pop	28g	160	90	10	6	0	5	20	16	0	15	2
5053 Foil Hearts Mesh Bag	1 Bag	43g	240	130	15	9	0	10	30	24	1	22	2
5201 White Party Cups BX 90	1 Piece	13g	70	35	4	2.5	0	0	15	8	0	8	1
5202 Milk Chocolate Party Cup BX90	1 Piece	13g	70	35	4	2.5	0	0	10	8	0	7	1
5203 Dark Chocolate Party Cup BX90	1 Piece	13g	60	35	4	2.5	0	0	0	8	1	7	1

Nutritional information is calculated based on Kilwins approved recipes. Because our product offerings are handcrafted, exact information may vary. Data is calculated using ESHA Research's Genisis® R&D Software, and rounded to meet FDA regulations.



Name	Serving Size Description (English)	Serving Size Weight	Calories (kcal)	Calories from Fat (kcal)	Fat (g)	Saturated Fat (g)	Trans Fatty Acid (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (2016) (g)	Total Sugars (g)	Protein (g)