There follows a listing of our current ice cream flavors' ingredients with allergens highlighted.

The listings in blue contain gluten.

Eggs are highlighted in pink.

Almonds, Pecans, Cashews, Peanuts, Walnuts and Soy are highlighted in red.

Wheat is highlighted in green.

We have two flavors that do NOT contain Milk products – they are Raspberry Sorbetto and Lemon Sorbetto. All other flavors contain Dairy!

At the end of this document there are the nutritional panels for each flavor. Please note that a serving is half a scoop (2.5 ounces).

Chocolate Caramel Cashew: INGREDIENTS: chocolate ice cream (milk, cream, sugar, corn syrup, skim milk powder, cocoa, whey powder, stabilizer [guar gum, mono & diglycerides, xanthan gum, polysorbate 80, carrageenan], red 40, yellow 5, blue 1), caramel varigate (high fructose corn syrup, buttermilk, sugar, milk, butter, modified corn starch, natural & artificial flavors, mono & diglycerides, salt, potassium sorbate, sodium citrate, sodium bicarbonate), chocolate covered cashews (cashews, sugar, partially hydrogenated palm kernel oil, cocoa, cocoa processed with alkali, salt, soy lecithin, sorbitan monosterate, polysorbate 60, vanilla), vanilla flavor (water, alcohol, propylene glycol, natural and artificial flavors, vanillin, caramel color).

Blue Moon: INGREDIENTS: ice cream mix (milk, cream, sugar, corn syrup, skim milk powder, whey powder, stabilizer [guar gum, mono & diglycerides, xanthan gum, polysorbate 80, carrageenan]), blue moon flavor (xanthan gum, blue 1).

Blueberry Waffle Cone: INGREDIENTS: milk, cream, sugar, corn syrup, blueberry sauce (blueberries, sugar, water, modified food starch [corn], natural flavor and sodium benzoate), blueberry base (blueberries with other fruit pulp, sugar, water, agar agar, locust bean gum, citric acid, benzoate of soda), chocolate waffle cone (sugar, sugar cone pieces [bleached wheat flour, sugar, partially hydrogenated vegetable shortening {soybean, cottonseed}, soy lecithin - emulsifier, salt, caramel color, artificial flavor], coconut oil, chocolate liquor, buttermilk powder, nonfat dry milk, natural flavor), skim milk powder, whey powder, stabilizer (momo- and di-glycerides, cellulose gum, polysorbate 80, carrageenan, guar gum). CONTAINS MILK, SOY, WHEAT..

Butter Pecan: INGREDIENTS: ice cream mix (milk, cream, sugar, corn syrup, skim milk powder, whey powder, stabilizer [guar gum, mono & diglycerides, xanthan gum, polysorbate 80, carrageenan]), pecans, natural flavors.

Cake Batter: INGREDIENTS: milk, cream, sugar, corn syrup, fudge sauce (powdered sugar [sugar, corn starch], peanut oil, natural cocoa, chocolate liquor, salt, soy lecithin), cake batter base (water, dextrose, fructose, sugar, margarine [liquid soybean oil, partially hydrogenated soybean oil, water, salt, whey, soy lecithin, soy mono and diglycerides, sodium benzoate, artificial butter flavor, beta carotene, vitamin A palmitate], unenriched wheat flour, natural and artificial flavors [contains sulfites], pasteurized egg, nonfat dry milk, yellow #5, stabilizer [xanthan gum and guar gum], salt, potassium sorbate, sodium benzoate), cake pieces (sugar, wheat flour, eggs, partially hydrogenated soybean oil, water, corn starch, high fructose corn syrup, salt, distilled monoglycerides, natural vanilla flavor, xanthan gum, annatto extract, yellow #5), skim milk powder, whey powder, stabilizer (mono and diglycerides, cellulose gum, polysorbate 80, carrageenan, guar gum).

Cappuccino Chocolate Chip: INGREDIENTS: ice cream mix (milk, cream, sugar, corn syrup, skim milk powder, whey powder, stabilizer [guar gum, mono & diglycerides, xanthan gum, polysorbate 80, carrageenan]), chocolate chunks (sugar, coconut oil, cocoa (processed with alkali), partially hydrogenated coconut oil, cocoa, soy lecithin, natural flavor), natural flavors.

Chocolate: INGREDIENTS: chocolate ice cream (milk, cream, sugar, corn syrup, skim milk powder, cocoa, whey powder, stabilizer [guar gum, mono & diglycerides, xanthan gum, polysorbate 80, carrageenan], red 40, yellow 5, blue 1), vanilla flavor (water, alcohol, propylene glycol, natural and artificial flavors, vanillin, caramel color).

Chocolate Chip: INGREDIENTS: ice cream mix (milk, cream, sugar, corn syrup, skim milk powder, whey powder, stabilizer [guar gum, mono & diglycerides, xanthan gum, polysorbate 80, carrageenan]), chocolate chunks (sugar, coconut oil, cocoa (processed with alkali), partially hydrogenated coconut oil, cocoa, soy lecithin, natural flavor), natural and artificial flavor.

Chocolate Chip Cookie Dough: INGREDIENTS: ice cream mix (milk, cream, sugar, corn syrup, skim milk powder, whey powder, stabilizer [guar gum, mono & diglycerides, xanthan gum, polysorbate 80, carrageenan]), cookie dough (wheat flour, brown sugar, partially hydrogenated soybean oil, chocolate chips (sugar, chocolate liquor, cocoa butter, soy lecithin), water, natural flavors, soy lecithin, salt, sodium bicarbonate), cookie dough base (brown sugar, high fructose corn syrup, water, molasses, natural flavors, salt), chocolate chunks (sugar, coconut oil, cocoa (processed with alkali), partially hydrogenated coconut oil, soy lecithin, natural flavor), caramel color.

Chocolate Peanut Butter: INGREDIENTS: chocolate ice cream (milk, cream, sugar, corn syrup, skim milk powder, cocoa, whey powder, stabilizer [guar gum, mono & diglycerides, xanthan gum, polysorbate 80, carrageenan], red 40, yellow 5, blue 1), peanut butter variegate (peanut butter, sugar, peanut oil, salt, partially hydrogenated palm oil), vanilla flavor (water, alcohol, propylene glycol, natural and artificial flavors, vanillin, caramel color).

Cinnamon Crumb Cake: INGREDIENTS: milk, cream, sugar, corn syrup, cinnamon sauce (sugar, corn syrup, modified food starch, cinnamon, caramel color, natural flavor, salt, potassium sorbate, soy lecithin - emulsifier), cinnamon cake pieces (sugar, butter [cream, salt], unenriched wheat flour, brown sugar, water, pasteurized eggs, natural flavors, cinnamon, salt, oil of cassia, skim milk powder, whey powder), stabilizer (mono- and diglycerides, cellulose gum, polysorbate 80, carrageenan, guar gum), cinnamon. CONTAINS EGG, MILK, SOY, WHEAT

Cookies N Cream: INGREDIENTS: ice cream mix (milk, cream, sugar, corn syrup, skim milk powder, whey powder, stabilizer [guar gum, mono & diglycerides, xanthan gum, polysorbate 80, carrageenan]), chocolate sandwich cookies (sugar, enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate [vitamin B1], riboflavin [vitamin B2], folic acid), partially hydrogenated soybean oil, cocoa (processed with alkali), high fructose corn syrup, whey, cornstarch, baking soda, salt, soy lecithin (emulsifier), vanillin - artificial flavor, chocolate), vanilla flavor (water, alcohol, propylene glycol, natural and artificial flavors, vanillin, caramel color).

English Toffee: INGREDIENTS: milk, cream, sugar, corn syrup, english butter toffee (sugar, butter, brown sugar, coconut oil, corn syrup, high fructose corn syrup, natural flavor, partially hydrogenated vegetable oil [cottonseed and soybean], almonds, salt, milk powder, soy lecithin, sodium bicarbonate), skim milk powder, chocolate flakes (sugar, coconut oil, cocoa processed with alkali, partially hydrogenated coconut oil, cocoa, salt, soy lecithin, natural flavor), whey powder, stabilizer (mono and diglycerides, cellulose gum, polysorbate 80, carrageenan, guar gum), toffee flavor (caramel color, xanthan gum, yellow #5, yellow #6).

French Silk: INGREDIENTS: ice cream mix (milk, cream, sugar, corn syrup, skim milk powder, whey powder, stabilizer [guar gum, mono & diglycerides, xanthan gum, polysorbate 80, carrageenan]), french silk flavor (high fructose corn syrup, nonfat milk, butter, corn syrup, chocolate liquor, sugar, sodium citrate, whey, vanilla extract, potassium sorbate as preservative, disodium phosphate, locust bean gum, guar gum, soy lecithin), chocolate chunks (sugar, coconut oil, cocoa (processed with alkali), partially hydrogenated coconut oil, cocoa, soy lecithin, natural flavor).

Fudgie Brownie: INGREDIENTS: milk, cream, sugar, corn syrup, cinnamon sauce (sugar, corn syrup, modified food starch, cinnamon, caramel color, natural flavor, salt, potassium sorbate, soy lecithin - emulsifier), cinnamon cake pieces (sugar, butter [cream, salt], unenriched wheat flour, brown sugar, water, pasteurized eggs, natural flavors, cinnamon, salt, oil of cassia, skim milk powder, whey powder), stabilizer (mono- and diglycerides, cellulose gum, polysorbate 80, carrageenan, guar gum), cinnamon. CONTAINS EGG, MILK, SOY, WHEAT

Georgia Peach: INGREDIENTS: ice cream mix (milk, cream, sugar, corn syrup, skim milk powder, whey powder, stabilizer [guar gum, mono & diglycerides, xanthan gum, polysorbate 80, carrageenan]), peaches (peaches, sugar, sodium alginate, locust bean gum, ascorbic acid, annatto extract, malic acid, natural flavor), peach flavor (malic acid, natural flavor).

Java: INGREDIENTS: milk, cream, sugar, corn syrup, coffee flavor (natural flavors, sugar, sodium benzoate), skim milk powder, whey powder, stabilizer (mono and diglycerides, cellulose gum, polysorbate 80, carrageenan, guar gum).

Mackinac Island Fudge: INGREDIENTS: ice cream mix (milk, cream, sugar, corn syrup, skim milk powder, whey powder, stabilizer [guar gum, mono & diglycerides, xanthan gum, polysorbate 80, carrageenan]), thick fudge (sugar, peanut oil, cocoa (processed with alkali), whey powder, salt, soy lecithin), vanilla flavor (water, alcohol, propylene glycol, natural and artificial flavors, vanillin, caramel color).

Maple Walnut: INGREDIENTS: ice cream mix (milk, cream, sugar, corn syrup, skim milk powder, whey powder, stabilizer [guar gum, mono & diglycerides, xanthan gum, polysorbate 80, carrageenan]), walnuts, artificial flavor.

Pumpkin: INGREDIENTS: ice cream base (milk, cream, sugar, corn syrup, nonfat dry milk, guar gum, mono & diglycerides, xanthan gum, dextrose, polysorbate 80, and carrageenan), pumpkin mix (pumpkin, sugar, water, salt, natural flavors, spices).

Mint Chocolate Chip: INGREDIENTS: milk, cream, sugar, corn syrup, skim milk powder, whey powder, stabilizer (guar gum, mono & diglycerides, xanthan gum, polysorbate 80, carrageenan), chocolate chunks (sugar, coconut oil, cocoa (processed with alkali), partially hydrogenated coconut oil, cocoa, soy lecithin, natural flavor), artificial colors yellow 5 & blue 1, artificial flavor.

Kilwin's tracks: INGREDIENTS: ice cream mix (milk, cream, sugar, corn syrup, skim milk powder, whey powder, stabilizer [guar gum, mono & diglycerides, xanthan gum, polysorbate 80, carrageenan]), thick fudge (sugar, peanut oil, cocoa (processed with alkali), whey powder, salt, soy lecithin), chocolate peanut truffle (sugar, peanut butter, partially hydrogenated palm kernel oil, dextrose, cocoa (processed with alkali), coconut oil, natural flavors, salt, soy lecithin), vanilla flavor (water, alcohol, propylene glycol, natural and artificial flavors, vanillin, caramel color).

Mud: INGREDIENTS: ice cream mix (milk, cream, sugar, corn syrup, skim milk powder, whey powder, stabilizer [guar gum, mono & diglycerides, xanthan gum, polysorbate 80, carrageenan]), chocolate chip (sugar, coconut oil, cocoa processed with alkali, partially hydrogenated coconut oil, chocolate liquor, salt, soy lecithin, BHA to preserve freshness), caramel (high fructose corn syrup, buttermilk, sugar, milk, butter, modified corn starch, natural & artificial flavors, mono & diglycerides, salt, potassium sorbate, sodium citrate, sodium bicarbonate), vanilla flavor (natural and artificial flavors).

New Orleans Praline Pecan: INGREDIENTS: milk, cream, sugar, corn syrup, skim milk powder, whey powder, stabilizer (guar gum, mono & diglycerides, xanthan gum, polysorbate 80, carrageenan), praline pecans (sugar, pecans, water, corn syrup, butter (cream, salt), salt), caramel varigate (high fructose corn syrup, corn syrup, buttermilk, sugar, milk, butter, modified food starch, natural & artificial flavors, mono & diglycerides, salt, potassium sorbate, sodium citrate, sodium bicarbonate), praline flavor (corn syrup, water, salt, natural flavors, barley malt extract, molasses, brown sugar, caramel color, propylene glycol algenate, potassium sorbate).

Old-Fashioned Vanilla: INGREDIENTS: ice cream mix (milk, cream, sugar, corn syrup, skim milk powder, whey powder, stabilizer [guar gum, mono & diglycerides, xanthan gum, polysorbate 80, carrageenan]), vanilla base (sugar, high fructose corn sweetner, condensed milk, cream, butter, citric acid, potassium sorbate), natural vanilla flavors, vanillin, caramel color.

Peppermint: INGREDIENTS: ice cream mix (milk, cream, sugar, corn syrup, skim milk powder, whey powder, stabilizer [guar gum, mono & diglycerides, xanthan gum, polysorbate 80, carrageenan]), mint flakes (sugar, coconut oil, buttermilk powder, natural flavor, red 40 lake, yellow 5 lake, blue 1 lake, soy lecithin), peppermint flavor (alcohol, propylene glycol).

Pistachio: INGREDIENTS: ice cream mix (milk, cream, sugar, corn syrup, skim milk powder, whey powder, stabilizer [guar gum, mono & diglycerides, xanthan gum, polysorbate 80, carrageenan]), pistachio nuts (roasted with peanut oil, salt), artificial flavor (xanthan gum, blue 1, yellow 5).

Rocky Road: INGREDIENTS: milk, sugar, corn syrup, cream, marshmallow sauce (corn syrup, water, modified food starch[corn], titanium dioxide [color], natural and artificial flavor, sodium benzoate and potassium sorbate, salt, citric acid), almonds (roasted in peanut oil, salt), cocoa, skim milk powder, red #40, whey powder, yellow #5, stabilizer (mono and diglycerides, cellulose gum, polysorbate 80, carrageenan, guar gum), blue #1, vanilla. CONTAINS MILK, PEANUT, TREE NUTS.

Rum Raisin: INGREDIENTS: ice cream mix (milk, cream, sugar, corn syrup, skim milk powder, whey powder, stabilizer [guar gum, mono & diglycerides, xanthan gum, polysorbate 80, carrageenan]), raisin fruit (raisins, water, sugar, corn syrup, carrageenan, salt, xanthan gum, potassium sorbate), artificial flavor.

Strawberry Chunk: INGREDIENTS: milk, cream, sugar, corn syrup, skim milk powder, whey powder, stabilizer (guar gum, mono & diglycerides, xanthan gum, polysorbate 80, carrageenan), strawberries (strawberries, sugar, locust bean gum, xanthan gum, citric acid and natural flavor), strawberry flavor (sugar, strawberry juice concentrate, water, natural flavor and citric acid), citric acid.

Superman: INGREDIENTS: ice cream mix (milk, cream, sugar, corn syrup, skim milk powder, whey powder, stabilizer [guar gum, mono & diglycerides, xanthan gum, polysorbate 80, carrageenan]), artificial color (blue 1, yellow 5, yellow 6, red 40), artificial flavors (modified food starch, potassium sorbate, citric acid, artificial colors yellow 6 and red 40, polysorbate 80, potassium).

Toasted Coconut: INGREDIENTS: ice cream mix (milk, cream, sugar, corn syrup, skim milk powder, whey powder, stabilizer [guar gum, mono & diglycerides, xanthan gum, polysorbate 80, carrageenan]), chocolate coconut (toasted coconut [coconut, sugar, dextrose, salt], sugar, partially hydrogenated palm kernel oil, cocoa processed with alkali, soy lecithin, sorbitan monostearate, polysorbate 60, vanilla), artificial flavor.

Traverse City Cherry: INGREDIENTS: ice cream mix (milk, cream, sugar, corn syrup, skim milk powder, whey powder, stabilizer [guar gum, mono & diglycerides, xanthan gum, polysorbate 80, carrageenan]), black cherries (cherries, water, corn syrup, sugar, citric acid, sodium benzoate, potassium sorbate, artificial & natural flavors, red 40, blue1), cherry brandy variegate (sugar, high fructose corn syrup, cherry juice concentrate, modified food starch, natural & artificial flavor, potassium sorbate, xanthan gum, artificial color red 40), artificial flavor with artificial color red 40 & blue1 added, citric acid.

Turtle: INGREDIENTS: ice cream mix (milk, cream, sugar, corn syrup, skim milk powder, whey powder, stabilizer (guar gum, mono & diglycerides, xanthan gum, polysorbate 80, carrageenan), caramel varigate (high fructose corn syrup, buttermilk, sugar, milk, butter, modified corn starch, natural & artificial flavors, mono & diglycerides, salt, potassium sorbate, sodium citrate, sodium bicarbonate), chocolate pecans (pecans, sugar, partially hydrogenated palm kernel oil, cocoa (processed with alkali), salt, soy lecithin, vanilla), chocolate malt syrup (sugar, water, cocoa (processed with alkali), barley malt extract, salt, potassium sorbate (preservative), glycerol monostearate, natural and artificial flavor, polysorbate 80).

Turtle Cheesecake: INGREDIENTS: milk, cream, sugar, corn syrup, cheesecake base (corn syrup, water, natural flavor, cheese powder [non fat dry milk, lactic acid, cellulose, cellulose gum, cultures], buttermilk powder, sugar), caramel sauce (high fructose corn syrup, buttermilk, sugar, milk, butter, modified food starch [corn], natural and artificial flavor, mono and diglycerides, salt, potassium sorbate, sodium citrate, sodium bicarbonate), caramel turtles and pecans (sugar, coconut oil, cocoa processed with alkali, whole milk, non fat milk, partially hydrogenated palm oil, soy lecithin, natural flavors, corn syrup, sweetened condensed milk, heavy cream, butter, palm kernel oil, salt, natural and artificial flavors, soy lecithin, vanillin, potassium sorbate, pecans [sugar, pecans, butter, corn syrup, salt]), skim milk powder, whey powder, stabilizer (mono and diglycerides, cellulose gum, polysorbate 80, carrageenan, guar gum), vanilla, vanillin (an artificial flavor).

Banana Fudge Pie: INGREDIENTS: ice cream mix (milk, cream, sugar, corn syrup, skim milk powder, whey powder, stabilizer [guar gum, mono & diglycerides, xanthan gum, polysorbate 80, carrageenan]), thick fudge (sugar, peanut oil, cocoa (processed with alkali), whey powder, salt, soy lecithin), chocolate graham crackers (chocolate coating (powdered sugar, partially hydrogenated coconut oil, cocoa (processed with alkali), salt, soy lecithin), graham crackers (enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, partially hydrogenated vegetable shortening (soybean and/or cottonseed oils), graham flour, honey, high fructose corn syrup, leavening (sodium bicarbonate, sodium acid pyrophosphate, monocalcium phosphate), salt, corn starch, soy lecithin, annato color), banana puree (banana, sugar, salt, ascorbic acid).

Key Lime Pie: INGREDIENTS: ice cream mix (milk, cream, sugar, corn syrup, skim milk powder, whey powder, stabilizer [guar gum, mono & diglycerides, xanthan gum, polysorbate 80, carrageenan]), sour cream variegate (sugar, cream cheese (milk, cream, salt, enzymes), maltodextrin, high fructose corn syrup, water, titanium dioxide, modified corn starch, salt, potassium sorbate, natural flavor, citric acid, disodium phosphate), chocolate graham crackers (chocolate coating (powdered sugar, partially hydrogenated coconut oil, cocoa (processed with alkali), salt, soy lecithin), graham crackers (enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, partially hydrogenated vegetable shortening (soybean and/or cottonseed oils), graham flour, honey, high fructose corn syrup, leavening (sodium bicarbonate, sodium acid pyrophosphate, monocalcium phosphate), salt, corn starch, soy lecithin, annato color), natural flavors, citric acid, artificial colors yellow 5 & blue 1 lakes.

Chocolate Yogurt: INGREDIENTS: yogurt mix (milk, sugar, skim milk powder, corn syrup, cream cultured mix, stabilizer [microcrystalline, cellulose gum, mono and diglycerides, polysorbate 80, carrageenan]), chocolate base (high fructose corn syrup, cocoa processed with alkali, corn syrup, water, chocolate liquor, salt, sodium benzoate and potassium sorbate as preservatives), chocolate flavor (water, alcohol, caramel color, red 40), vanilla flavor (water, alcohol, propylene glycol, natural and artificial flavors, vanillin, caramel color).

Peach Yogurt: INGREDIENTS: yogurt mix (milk, sugar, skim milk powder, corn syrup, cream cutured mix, stabilizer [microcrystalline, cellulose gum, mono and diglycerides, polysorbate 80, carrageenan]), peaches (peaches, sugar, sodium alginate, locust bean gum, ascorbic acid, annatto extract, malic acid, natural flavor), peach flavor (malic acid, natural flavor).

Lemon Sorbetto: INGREDIENTS: water, sugar, lemonade concentrate, corn syrup, stabilizer, artificial colors yellow 5 & yellow 6, citric acid.

Raspberry Sorbetto: INGREDIENTS: water, sugar, raspberry puree (red raspberries, sugar, xanthan gum, natural flavor, citric acid, propylene glycol, benzoate of soda, red 40, blue 1), corn syrup, citric acid, artificial flavor with artificial color red 40 & blue1 added, stabilizer.

NSA Caramel Ripple: INGREDIENTS: NSA dairy mix (milk, skim milk powder, stabilizer (lactitol, polydextrose, cellulose gel, mono and diglycerides, cellulose gum, polysorbate 80, carrgeenan, acesulfame K, sucralose), NSA caramel varigate (maltitol syrup, modified food starch, natural and artificial flavors, salt, caramel color, potassium sorbate, sucralose), glycerin, vanilla flavor (natural and artificial flavors).

NSA Chocolate Ripple: INGREDIENTS: NSA dairy mix (milk, skim milk powder, stabilizer (lactitol, polydextrose, cellulose gel, mono and diglycerides, cellulose gum, polysorbate 80, carrgeenan, acesulfame K, sucralose), NSA thick fudge (peanut oil, maltodextrin, natural cocoa, chocolate coating (maltitol, coconut oil, lactitol, cocoa powder processed with alkali, soy lecithin, vanilla) soy lecithin, salt, sucralose), glycerin, vanilla flavor (natural and artificial flavors).

Nutrit Serving Size 1 Servings Per C	/2 cup ((72g)	cts
Amount Per Servin	ng		
Calories 160	Cald	ories fron	n Fat 70
		% Da	aily Value*
Total Fat 8g			12%
Saturated Fa	at 4.5g		23%
Trans Fat 0g	ı		
Cholesterol 2	0mg		7%
Sodium 95mg			4%
Total Carbohy	drate :	21g	7%
Dietary Fiber	r 0g		0%
Sugars 17g			
Protein 2g			
Vitamin A 6%	• '	Vitamin (C 10%
Calcium 6%	•	ron 2%	
*Percent Daily Valu diet. Your daily valu depending on your	ies may b	e higher or l	
Saturated Fat Lo		20g 300mg 2,400mg 300g 25g	375g 30g

Nutriti Serving Size 1/2 Servings Per Co	2 cup (72g)	
Amount Per Serving	9		
Calories 160	Calc	ries fron	n Fat 8
		% Da	ily Value
Total Fat 9g			14%
Saturated Fat	6g		30%
Trans Fat 0g			
Cholesterol 35	mg		129
Sodium 45mg			2%
Total Carbohyo	drate 1	17g	6%
Dietary Fiber	0g		0%
Sugars 13g			
Protein 2g			
Vitamin A 6%	٠ ١	/itamin (0%
Calcium 8%	• 1	ron 0%	
*Percent Daily Value diet. Your daily value depending on your ca Cal	s may be	higher or	
Total Fat Les Saturated Fat Les Cholesterol Les	ss Than	65g 20g 300mg	80g 25g 300 mg

3025 Blue Moon

Amount Per Se	rving	maga ana	
Calories 18	0 Ca	lories fron	n Fat 70
		% Da	ily Value
Total Fat 8g	19	117.55	12%
Saturated	Fat 6g		30%
Trans Fat	0g		
Cholesterol	30mg		10%
Sodium 25r	ng		1%
Total Carbo	hydrate	21g	7%
Dietary Fi	ber 0g		0%
Sugars 15	ig		
Protein 2g			
Vitamin A 69	6 •	Vitamin (0%
Calcium 8%	•	Iron%	
*Percent Daily V diet. Your daily v depending on yo	alues may	be higher or	
Total Fat Saturated Fat Cholesterol Sodium Total Carbohydr Dietary Fiber	Less than	20g 300mg	80g 25g 300 mg 2,400mg 375g 30g

3027 Blueberry Waffle Cone

Nutrition Fa Serving Size 1/2 cup (72g) Servings Per Container	acts
Amount Per Serving	
Calories 200 Calories from	n Fat 120
%	Daily Value*
Total Fat 13g	20%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 65mg	3%
Total Carbohydrate 17g	6%
Dietary Fiber 1g	4%
Sugars 12g	
Protein 2g	

Vitamin C 0%

Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories 2,000 2,500

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

	_	_
3/15/1	Butter	Doggan
JUJU	Dutter	i ecan

Vitamin A 6%

Calcium 8%

Serving Size Servings Per		er	
Oct viligs i c	Oomann	J1	
Amount Per Sei	rving		
Calories 20	Calc	ories fron	n Fat 90
		% Da	ily Value*
Total Fat 10	g		15%
Saturated	Fat 7g		35%
Trans Fat	0g		
Cholesterol	35mg		12%
Sodium 65n	ng		3%
Total Carbo	hydrate	23g	8%
Dietary Fil	ber 0g		0%
Sugars 17	'a		
Protein 3g			
Vitamin A 69	6 •	Vitamin (0%
Calcium 8%	•	ron 0%	
*Percent Daily Valiet. Your daily value depending on your daily value.	alues may b	e higher or l	
Total Fat Saturated Fat Cholesterol Sodium Total Carbohydra Dietary Fiber	Less Than Less Than Less Than Less Than	65g 20g 300mg	80g 25g 300 mg

3051 Cake Batter

Nutri Serving Size Servings Pe	1/2 cup	(72g)	Oto
Amount Per Se	rving		
Calories 18	0 Calo	ories fror	n Fat 90
		% Da	aily Value
Total Fat 10	g		15%
Saturated	Fat 7g		35%
Trans Fat	0a		
Cholesterol	35ma		12%
Sodium 45n			2%
		20~	7%
Total Carbo	•	zug	
Dietary Fit			0%
Sugars 15	g		
Protein 2g			
Vitamin A 69	6 • '	Vitamin (C 2%
Calcium 8%	•	Iron 2%	
*Percent Daily V diet. Your daily v depending on yo	alues may b ur calorie ne	e higher or	
Total Fat Saturated Fat Cholesterol Sodium Total Carbohydri Dietary Fiber	Less Than Less Than Less Than Less Than	65g 20g	80g 25g 300 mg

3053 Cappuccino Choc Chip

Serving Size	1/2 cup (72g)	cts
Servings Per		er	
Amount Per Ser	ving		
Calories 130) Calc	ries fron	n Fat 60
		% Da	ily Value
Total Fat 6g			9%
Saturated I	Fat 4g		20%
Trans Fat (0g		
Cholesterol	25mg		8%
Sodium 50m	ng		2%
Total Carbo	hydrate 1	l6g	5%
Dietary Fib	er 0g		0%
Sugars 12	a a		
Protein 2g			
Vitamin A 6%	6 · \	/itamin (0%
Calcium 8%	• 1	ron 0%	
*Percent Daily Va diet. Your daily va depending on you	alues may be	higher or l	
Total Fat Saturated Fat Cholesterol Sodium Total Carbohydra Dietary Fiber Calories per gran	Less Than Less Than Less Than Less Than ate		80g 25g 300 mg

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Amount Per Se			
Calories 19	0 Ca	lories fror	m Fat 90
		% D	aily Value
Total Fat 10	g		15%
Saturated	Fat 7g		35%
Trans Fat	0g		
Cholesterol	30mg		10%
Sodium 40r	ng		2%
Total Carbo	hydrate	20g	7%
Dietary Fit	er 0g		0%
Sugars 15	g		
Protein 2g			
Vitamin A 69	6 •	Vitamin	C 2%
Calcium 8%	•	Iron 2%	
*Percent Daily V diet. Your daily v depending on yo	alues may	be higher or	
Total Fat Saturated Fat Cholesterol Sodium Total Carbohydr Dietary Fiber		n 65g n 20g	80g 25g 300 mg 2,400mg 375g 30g

3062 Chocolate Chip

Serving Size 1/2 cup (Servings Per Contains		
Amount Per Serving		
Calories 180 Calo	ories fron	n Fat 90
	% Da	ily Value
Total Fat 10g		15%
Saturated Fat 6g		30%
Trans Fat 0g		
Cholesterol 30mg		10%
Sodium 50ma		2%
Total Carbohydrate	23a	8%
Dietary Fiber 0g		0%
Sugars 18g		
Protein 2g		
Vitamin A 6% • 1	Vitamin (2%
Calcium 6% • I	ron 2%	
*Percent Daily Values are badiet. Your daily values may be depending on your calorie ne Calories	e higher or	
Total Fat Less Than Saturated Fat Less Than Cholesterol Less Than Less Than	65g 20g	80g 25g 300 mg

3070 Choc Chip Cookie Dough

Nutri Serving Size Servings Per	1/2 cup ((72g)	cts
Amount Per Ser	rving		
Calories 18	Calor	ies from	Fat 100
		% Da	aily Value*
Total Fat 11	g		17%
Saturated	Fat 4.5g		23%
Trans Fat	0g		
Cholesterol	20mg		7%
Sodium 110	lmg		5%
Total Carbo	hydrate	17g	6%
Dietary Fit	er 1g		4%
Sugars 12	g		
Protein 4g			
Vitamin A 6%	6 · '	Vitamin (0%
Calcium 8%	•	Iron 2%	
*Percent Daily Vidiet. Your daily videpending on your	alues may b	e higher or	
Total Fat Saturated Fat Cholesterol Sodium Total Carbohydra Dietary Fiber Calories per gran Fat 9 • 0		20g 300mg 2,400mg 300g 25g	80g 25g 300 mg 2,400mg 375g 30g

3072 Choc Peanut Butter

Nutri			cts
Serving Size Servings Pe			
Amount Per Se	rving		
Calories 18	0 Cal	ories fron	n Fat 80
		% Da	ily Value
Total Fat 9g	19		14%
Saturated	Fat 6g		30%
Trans Fat	0g		
Cholesterol	35mg		12%
Sodium 50n	ng		2%
Total Carbo	hydrate	22g	7%
Dietary Fi			0%
Sugars 13	Ba		
Protein 2g			
Vitamin A 69	6 •	Vitamin (0%
Calcium 8%	•	Iron 0%	
*Percent Daily V diet. Your daily v depending on yo	alues may b	e higher or	
Total Fat Saturated Fat Cholesterol Sodium Total Carbohydri Dietary Fiber	Less than Less than Less than Less than		80g 25g 300 mg 2,400mg 375g 30g

3073 Cinnamon Crumb Cake

Nutritic Serving Size 1/2 of Servings Per Conf	up (72g)	icts
Amount Per Serving		
Calories 180	Calories fro	m Fat 90
	% C	aily Value'
Total Fat 10g		15%
Saturated Fat 6	g	30%
Trans Fat 0g		
Cholesterol 30mg	9	10%
Sodium 85mg		4%
Total Carbohydra	ate 20a	7%
Dietary Fiber 0g		0%
Sugars 15g		• 70
Protein 2g		
Protein 29		
Vitamin A 6%	 Vitamin 	C 0%
Calcium 8%	• Iron 0%	
*Percent Daily Values at diet. Your daily values m depending on your calor Calorie	nay be higher or rie needs:	
Total Fat Less T Saturated Fat Less T Cholesterol Less T Sodium Less T Total Carbohydrate Dietary Fiber Calories per gram: Fat 9 • Carbohy	Fhan 65g Fhan 20g Fhan 300mg Fhan 2,400mg 300g 25g	80g 25g 300 mg 2,400mg 375g 30g

3075 Cookies and Cream

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Nutriti Serving Size (Servings Per C	72g)		cts
Amount Per Servin	g		
Calories 180	Calor	es from	Fat 100
		% Da	ily Value*
Total Fat 11g			17%
Saturated Fa	at 7g		35%
Trans Fat 0g)		
Cholesterol 35	5mg		12%
Sodium 60mg			3%
Total Carbohy	drate 1	9g	6%
Dietary Fiber	r 0g		0%
Sugars 15g			
Protein 3g			
Vitamin A 8%		/itamin (0%
Calcium 10%	• 1	ron 0%	
*Percent Daily Value diet. Your daily value depending on your of Ca	es may be	higher or I	
Saturated Fat Le Cholesterol Le Sodium Le Total Carbohydrate Dietary Fiber Calories per gram:	ess Than ess Than ess Than ess Than	65g 20g 300mg 2,400mg 300g 25g	80g 25g 300 mg 2,400mg 375g 30g

3090 English Toffee

Nutri Serving Size Servings Pe	1/2 cup (72g)	cts
Amount Per Se	rving		
Calories 15	0 Cald	ries fron	n Fat 70
		% Da	aily Value*
Total Fat 7g			11%
Saturated	Fat 5g		25%
Trans Fat	0g		
Cholesterol	30mg		10%
Sodium 40n	ng		2%
Total Carbo	hydrate	19g	6%
Dietary Fit	er 0g		0%
Sugars 15	g		
Protein 2g			
Vitamin A 6%	6 · \	√itamin (2%
Calcium 6%	•	ron 0%	
*Percent Daily V diet. Your daily v depending on yo	alues may be	e higher or	
Total Fat Saturated Fat Cholesterol Sodium Total Carbohydra Dietary Fiber Calories per gran Fat 9 • (65g 20g 300mg 2,400mg 300g 25g	80g 25g 300 mg 2,400mg 375g 30g

3101 Georgia Peach

Nutrition Facts Serving Size 1/2 cup (72g) Servings Per Container Amount Per Serving Calories 190 Calories from Fat 100 % Daily Value* Total Fat 11g 17% Saturated Fat 7g 35% Trans Fat 0g Cholesterol 35mg 12% Sodium 80mg 3% Total Carbohydrate 20g **7**% Dietary Fiber 0g 0% Sugars 16g Protein 2g Vitamin C 2% Vitamin A 6% Calcium 8% • Iron 2% *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories 2,000 80g 25g 300 mg Less Than Saturated Fat Less Than 20g Cholesterol Less Than 300mg Cholesterol 2,400mg 2,400mg 300g 375g Sodium Less Than Dietary Fiber 25g Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

3100 French Silk

Amount Per Ser	r Containe	er	
Calories 160) Calc	ories fron	n Fat 80
		% Da	aily Value
Total Fat 9g			14%
Saturated	Fat 6g		30%
Trans Fat	0g		
Cholesterol	35mg		12%
Sodium 30n	ng		1%
Total Carbo	hydrate	17g	6%
Dietary Fil	ber 0g		0%
Sugars 12	g		
Protein 3g			
Vitamin A 6%	6 · \	√itamin (C 0%
Calcium 10%	6 • 1	ron 0%	
*Percent Daily Va diet. Your daily va depending on you	alues may be	e higher or	
Total Fat Saturated Fat Cholesterol Sodium Total Carbohydra Dietary Fiber Calories per gran		65g 20g 300mg 2,400mg 300g 25g	80g 25g 300 mg 2,400mg 375g 30g

3110 Java

Nutrit Serving Size Servings Per	(72g)		cts
Amount Per Serv	ring		
Calories 160	Calc	ries fron	n Fat 70
		% Da	ily Value*
Total Fat 8g			12%
Saturated F	at 4.5g		23%
Trans Fat ()g		
Cholesterol 2	25mg		8%
Sodium 40m	g		2%
Total Carboh	ydrate '	19g	6%
Dietary Fib	-		4%
Sugars 13g	1		
Protein 3g			
Vitamin A 4%	• \	√itamin C	0%
Calcium 8%	•	ron 4%	
*Percent Daily Val diet. Your daily va depending on you	lues may be	e higher or l	
Saturated Fat Cholesterol Sodium Total Carbohydrat Dietary Fiber Calories per gram	:	65g 20g 300mg 2,400mg 300g 25g	80g 25g 300 mg 2,400mg 375g 30g

3101 Fudgie Brownie

Oct virigo i ci	r Containe	er	
Amount Per Sei	ving		
Calories 190) Calor	ies from	Fat 100
		% Da	ily Value
Total Fat 11	g		17%
Saturated	Fat 6g		30%
Trans Fat	0g		
Cholesterol	30mg		10%
Sodium 65n	ng		3%
Total Carbo	hydrate 2	20g	7%
Dietary Fib	er 0g		0%
Sugars 15	g		
Protein 2g	_		
Vitamin A 6%	6 · \	/itamin (0%
Calcium 8%	• 1	ron 0%	
*Percent Daily Va diet. Your daily v depending on yo	alues may be	higher or	
Total Fat Saturated Fat Cholesterol Sodium Total Carbohydra Dietary Fiber	Less Than Less Than Less Than Less Than	65g	80g 25g 300 mg 2,400mg 375g 30g

3125 Mackinac Island Fudge

Nutrition Facts Serving Size 1/2 cup (72g) Servings Per Container Amount Per Serving Calories 190 Calories from Fat 110 % Daily Value* Total Fat 12g 18% Saturated Fat 6g 30% Trans Fat 0g Cholesterol 30mg 10% Sodium 40mg 2% **Total Carbohydrate 17g** 6% Dietary Fiber 0g 0% Sugars 12g Protein 3g Vitamin A 6% · Vitamin C 0% Calcium 8% Iron 2% *Percent Daily Values are based on a 2.000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories 2,0 2.000 2.500 Less Than 65g Less Than 20g Total Fat Saturated Fat Cholesterol 25g 300 mg 20g 300mg Less Than 2,400mg 300g 2,400mg 375g Less Than Total Carbohydrate

3130 Maple Walnut

Dietary Fiber

Nutrition Facts Serving Size 1/2 cup (72g)

m Fat 70
Daily Value*
12%
23%
10%
3%
6%
0%
C 0%
5
2,000 calorie

3131 Pumpkin

Total Fat

Cholesterol

Saturated Fat

Total Carbohydrate

Dietary Fiber

Nutrition Facts

Serving Size 1/2 cup (72g)

Calories 180	Ca	lories fro	om Fat 90
		%	Daily Value
Total Fat 10g			15%
Saturated Fat	7g		35%
Trans Fat 0g			
Cholesterol 30	mg		10%
Sodium 40mg			2%
Total Carbohyo	drate	19g	6%
Dietary Fiber	0g		0%
Sugars 15g			
Protein 2g			
		\ r: .	0.00/
Vitamin A 6%	•	Vitamir	1 C 2%
Calcium 8%	•	Iron 2%	ó

depending on your calorie needs 2.000 2.500

	Odionics	2,000	2,000
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300 mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydra	ate	300g	375g
Dietary Fiber		25g	30g
Caloriae par gran	m·		

fes per gram: Fat 9 • Carbohydrate 4 • Protein 4 3150 Mint Chocolate Chip

Nutrition Facts

Serving Size 1/2 cup (72g)

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Calories 200 Calories from F % Daily Total Fat 12g Saturated Fat 6g	y Value*
Total Fat 12g	y value
	400/
Saturated Eat 6a	18%
Saturated Fat by	30%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 75mg	3%
Total Carbohydrate 22g	7%
Dietary Fiber 1g	4%
Sugars 17g	
Protein 3g	
\(\text{C} \) \(\te	201
Vitamin A 4% • Vitamin C	0%
Calcium 8% • Iron 0%	

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4 3180 Kilwin's Tracks

Total Fat

Sodium

Cholesterol

Saturated Fat

Total Carbohydrate

Dietary Fiber

Calories

Less Than

Less Than

Less Than

Less Than

2,000

300ma

300g

2,400mg

65g

2.500

2,400mg

375g

80g 25g 300 mg

Nutrition Facts

65g

20g

300ma

300a

2,400mg

80g

25g 300 mg

2,400mg 375g

Serving Size 1/2 cup (72g) Servings Per Container

Less Than Less Than

Less Than

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Amount Per Ser	rving			
Calories 180) C	alories	from	Fat 90
			% Dai	ly Value ^s
Total Fat 10	g			15%
Saturated	Fat 7g			35%
Trans Fat	0g			
Cholesterol	30mg			10%
Sodium 55n	ng			2%
Total Carbo	hydrat	e 21g		7%
Dietary Fib	er 0g			0%
Sugars 17	g			
Protein 2g				
Vitamin A 6%	6 •	Vitar	min C	6%
Calcium 8%	•	Iron	0%	
*Percent Daily Vidiet. Your daily videpending on your	alues ma	y be high needs:	ner or lo	
Total Fat Saturated Fat Cholesterol Sodium Total Carbohydra Dietary Fiber	Less Th Less Th ate	an 20g an 300	mg 00mg g	80g 25g 300 mg 2,400mg 375g 30g
Calories per gran Fat 9 • 0		rate 4 •	Protei	in 4

3190 Mud

Nutrition Facts

Serving Size 1/2 cup (72g) Servings Per Container

Amount Per Serving				
Calories 190	Cal	ories	from	Fat 90
			% Dai	ly Value
Total Fat 10g				15%
Saturated Fat	6g			30%
Trans Fat 0g				
Cholesterol 30r	ng			10%
Sodium 50mg				2%
Total Carbohyd	Irate	24g		8%
Dietary Fiber ()g			0%
Sugars 19g				
Protein 2g				
Vitamin A 6%	٠	Vitan	nin C	8%
Calcium 8%	•	Iron ()%	
*Percent Daily Values diet. Your daily values depending on your ca Cale	may b	e high	er or lo	
Saturated Fat Les Cholesterol Les Sodium Les Total Carbohydrate Dietary Fiber	s Than s Than s Than s Than	20g 300n	ng 0mg	80g 25g 300 mg 2,400mg 375g 30g
Total Carbohydrate Dietary Fiber Calories per gram:	ohydrat	300g 25g	1	375 30g

3200 New Orleans Praline Pecan

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Nutrition Facts Serving Size 1/2 cup (72g) Servings Per Container Amount Per Serving Calories 170 Calories from Fat 80 % Daily Value* Total Fat 9g 14% Saturated Fat 6g 30% Trans Fat 0g Cholesterol 35mg 12% Sodium 50mg 2% Total Carbohydrate 21g 7% Dietary Fiber 0g 0% Sugars 17g Protein 2g Vitamin A 6% Vitamin C 0% Calcium 8% Iron 0% *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs Calories 2,000 Total Fat Less Than 65g 80g Saturated Fat Cholesterol Less Than 20g Less Than 300mg 25g 300 mg 2,400mg 2,400mg 375g Sodium Less Than Total Carbohydrate 300g Dietary Fiber Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

3225 Old Fashioned Vanilla

Nutri Serving Size Servings Pe	2.5 oz (72g)	cts
Amount Per Se			_
Calories 16	0 Cal	ories fron	n Fat 70
		% Da	sily Value
Total Fat 8g	1		12%
Saturated	Fat 4g		20%
Trans Fat	0g		
Cholesterol	20mg		7%
Sodium 40r	ng		2%
Total Carbo	-	19g	6%
Dietary Fi	-		4%
Sugars 13			
Protein 3g	- 0		
r rotem og			
Vitamin A 49	% •	Vitamin (0%
Calcium 8%	•	Iron 4%	
*Percent Daily V diet. Your daily v depending on yo	values may b	be higher or	
Total Fat Saturated Fat Cholesterol Sodium Total Carbohydr Dietary Fiber	Less than Less than Less than Less than	65g 20g 300mg	80g 25g 300 mg 2,400mg 375g 30g

3260 Rocky Road

Nutrition Facts

Serving Size 1/2 cup (72g)

Servings Per	Containe	er	
Amount Per Ser	ving		
Calories 180) Calc	ries fron	r Fat 90
		% Da	ily Value*
Total Fat 10g	g		15%
Saturated I	at 7g		35%
Trans Fat ()g		
Cholesterol	35mg		12%
Sodium 45m	ng		2%
Total Carbo	hydrate 1	16g	5%
Dietary Fib	er 0g		0%
Sugars 16g	9		
Protein 2g			
Vitamin A 6%	· \	/itamin C	0%
Calcium 8%	• 1	ron 0%	
*Percent Daily Va diet. Your daily va depending on you	alues may be	higher or I	
Total Fat Saturated Fat Cholesterol Sodium Total Carbohydra Dietary Fiber Calories per gram Fat 9 • C		65g 20g 300mg 2,400mg 300g 25g	80g 25g 300 mg 2,400mg 375g 30g

3250 Peppermint

Servings Per Container

Nutrition Facts Serving Size 1/2 cup (72g)

Amount Per Serving	g	
Calories 170	Calories	from Fat 70
		% Daily Value*
Total Fat 8g		12%
Saturated Fat	t 5g	25%
Trans Fat 0g		
Cholesterol 30	mg	10%
Sodium 55mg		2%
Total Carbohy	drate 21g	7%
Dietary Fiber	0g	0%
Sugars 16g		
Protein 2g		

ur calorie ne	eds:	
Calories	2,000	2,500
Less Than	65g	80g
Less Than	20g	25g
Less Than	300mg	300 mg
Less Than	2,400mg	2,400mg
ate	300g	375g
	25g	30g
n: Carbohydrate	4 • Prote	ein 4
	Calories Less Than Less Than Less Than Less Than Less Than ate n:	Less Than

3270 Rum Raisin

Vitamin A 6%

Calcium 8%

Nutrition Facts

Serving Size 1/2 cup (72g)

Servings Per Cor	ntain	er	
Amount Per Serving			
Calories 160	Cald	ories fron	n Fat 80
		% Da	ily Value*
Total Fat 9g			14%
Saturated Fat 6	3g		30%
Trans Fat 0g			
Cholesterol 35m	ng		12%
Sodium 50mg			2%
Total Carbohydi	rate	16g	5%
Dietary Fiber 0	g		0%
Sugars 12g			
Protein 2g			
Vitamin A 6%	. '	Vitamin (0%
Calcium 8%	•	Iron 0%	
*Percent Daily Values a diet. Your daily values depending on your calc Calor	may b orie ne	e higher or	
Saturated Fat Less Cholesterol Less	Than Than Than Than	65g 20g 300mg 2,400mg 300g	80g 25g 300 mg 2,400mg 375g

3255 Pistachio

Dietary Fiber

Nutrition Facts

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Serving Size 1/2 cup (72g) Servings Per Container

Amount Per Ser	ving		
Calories 150) Ca	lories fr	om Fat 70
		%	Daily Value
Total Fat 7g			11%
Saturated	Fat 5g		25%
Trans Fat	0g		
Cholesterol	30mg		10%
Sodium 40n	ng		2%
Total Carbo	hydrate	19g	6%
Dietary Fib	er 0g		0%
Sugars 16	g		
Protein 2g			
Vitamin A 6%	6 •	Vitamir	n C 4%
Calcium 6%	•	Iron 0%	6
*Percent Daily Va diet. Your daily va depending on you	alues may	be higher	
	Calories		

2,400mg 300g

2,400mg 375g

3275 Strawberry Chunk

Less Than

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

Total Carbohydrate Dietary Fiber

Sodium

· Vitamin C 0%

 Iron 0% *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lowe

Nutrition Facts Serving Size 1/2 cup (72g) Servings Per Container Amount Per Serving Calories 160 Calories from Fat 80 % Daily Value* Total Fat 9g 14% Saturated Fat 6g 30% Trans Fat 0g Cholesterol 35mg 12% Sodium 45mg 2% Total Carbohydrate 17g 6% Dietary Fiber 0g 0% Sugars 13g Protein 2g Vitamin A 6% · Vitamin C 0% Calcium 8% Iron 0% *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs Calories 2. 2,000 2,500 Less Than 65g 80g Total Fat Less Than 20g Cholesterol Less Than 300mg Sodium Less Than 2,400mg 25g 300 mg 2,400mg Cholesterol Sodium Total Carbohydrate Dietary Fiber 300g 375g

3285 Superman

Nutrition Facts Serving Size 1/2 cup (72g) Servings Per Container Amount Per Serving Calories 190 Calories from Fat 100 % Daily Value

Total Fat 11g	17%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 55mg	2%
Total Carbohydrate 21g	7%
Dietary Fiber 1g	4%
Sugars 16g	

Protein 2g	
Vitamin A 6%	Vitamin C 0%

Calcium 8% Iron 0% *Percent Daily Values are based on a 2,000 calorie

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300 mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydra	ate	300g	375g
Dietary Fiber		25g	30g
Calories per gran			
Fat 9 • (Carbohydrate	4 · Prote	ein 4

3320 Toasted Coconut

Nutrition Facts

Calories 170	Calories	from Fat 7
		% Daily Value
Total Fat 8g		12%
Saturated Fat	7g	35%
Trans Fat 0g		
Cholesterol 30r	ng	10%
Sodium 40mg		2%
Total Carbohyd	Irate 22g	7%
Dietary Fiber (Og .	0%
Sugars 17g		
Protein 2g		
Vitamin A 6%	 Vitan 	nin C 2%
Calcium 8%	• Iron 8	3%

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4 3340 Traverse City Cherry

Less Than

depending on your calorie needs:

Calories 2,000

Saturated Fat Less Than 20g Less Than 300mg Less Than 2,440mg

Total Carbohydrate Dietary Fiber

Nutrition Facts

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Serving Size Servings Pe		0,	
Amount Per Se	rving		
Calories 19	0 Calc	ries fron	n Fat 90
		% Da	aily Value*
Total Fat 11	g		17%
Saturated	Fat 6g		30%
Trans Fat	0g		
Cholesterol	30mg		10%
Sodium 65n	ng		3%
Total Carbo	hydrate 2	22g	7%
Dietary Fit	er 1g		4%
Sugars 17	g		
Protein 2g			
Vitamin A 69	% · \	/itamin (C 10%
Calcium 6%	• 1	ron 2%	
*Percent Daily V diet. Your daily v depending on yo	alues may be	e higher or	
Total Fat Saturated Fat Cholesterol Sodium Total Carbohydr	Less Than Less Than	65g 20g 300mg 2,400mg 300g	80g 25g 300 mg 2,400mg 375g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4 3350 Turtle

Dietary Fiber

Nutrition Facts

Serving Size (72g) Servings Per Container

Amount Per Ser	ving		
Calories 180) Calc	ries fron	n Fat 80
		% Da	aily Value*
Total Fat 9g			14%
Saturated	Fat 5g		25%
Trans Fat	0g		
Cholesterol	30mg		10%
Sodium 55m	ng		2%
Total Carbo	hydrate 2	24g	8%
Dietary Fit	er 0g		0%
Sugars 18	g		
Protein 2g			
Vitamin A 6%	· \	/itamin (0%
Calcium 8%	• 1	ron 0%	
*Percent Daily Va diet. Your daily va depending on you	alues may be	higher or	
Total Fat Saturated Fat Cholesterol Sodium Total Carbohydra	Less Than Less Than	20g	80g 25g 300 mg 2,400mg 375g

3355 Turtle Cheesecake

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4

Dietary Fiber

Nutrition Facts

300g

2,500

2.400ma

375g

80g

Serving Size 1/2 cup (72g) Servings Per Containe

	Containe		
Amount Per Ser	rving		
Calories 190) Calor	ies from	Fat 100
		% Da	ily Value*
Total Fat 11	g		17%
Saturated	Fat 7g		35%
Trans Fat	0g		
Cholesterol	30mg		10%
Sodium 70n	ng		3%
Total Carbo	hydrate 2	21g	7%
Dietary Fib	er 1g		4%
Sugars 16	g		
Protein 2g			
\(\tau_1 \)	, ,		2001
Vitamin A 6%	6 • \	/itamin (5 0%
Calcium 8%	• 1	ron 0%	
*Percent Daily Va diet. Your daily v depending on you	alues may be	e higher or l	
Total Fat	Less Than	65g 20g	80g 25g

3370 Banana Fudge Pie

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Nutrition Facts

Serving Size 1/2 cup (72g) Servings Per Container			
Amount Per Serving			
Calories 180 Calo	ries from	Fat 90	
	% Da	ily Value*	
Total Fat 10g		15%	
Saturated Fat 7g		35%	
Trans Fat 0g			
Cholesterol 35mg		12%	
Sodium 65mg		3%	
Total Carbohydrate 2	20g	7%	
Dietary Fiber 0g		0%	
Sugars 15g			
Protein 2g			
Vitamin A 6% • V	∕itamin C	0%	
Calcium 6% • I	ron 0%		
*Percent Daily Values are bas diet. Your daily values may be depending on your calorie nee Calories	e higher or lo		
Total Fat Less Than Saturated Fat Less Than Cholesterol Less Than Sodium Less Than Total Carbohydrate Dietary Fiber Calories per gram: Fat 9 • Carbohydrate	65g 20g 300mg 2,400mg 300g 25g	80g 25g 300 mg 2,400mg 375g 30g	

3380 Key Lime Pie

Nutrition Facts

Serving Size 1/2 cup (72g)

Servings Pe	r Containe	er	
Amount Per Se	rving		
Calories 11	0 Calc	ries fron	n Fat 20
		% Da	aily Value*
Total Fat 2g			3%
Saturated	Fat 1.5g		8%
Trans Fat	0g		
Cholesterol	5mg		2%
Sodium 50r	ng		2%
Total Carbo	Total Carbohydrate 22g 7%		
Dietary Fiber 0g 0%			0%
Sugars 10g			
Protein 2g			
Vitamin A 29	6 · \	/itamin (C 4%
Calcium 0%	• 1	ron 0%	
*Percent Daily V diet. Your daily v depending on yo	alues may be	higher or	
Total Fat Saturated Fat Cholesterol Sodium Total Carbohydr Dietary Fiber Calories per grai Fat 9 • 0	Less Than Less Than ate	20g 300mg 2,400mg 300g 25g	80g 25g 300 mg 2,400mg 375g 30g

3670 Peach Yogurt

Nutrition Facts

Serving Size (72g) Servings Per Container

Servings F e	Contai	1101	
Amount Per Se	rving		
Calories 17	0 Ca	alories from	m Fat 10
		% D	aily Value*
Total Fat 1g	l		2%
Saturated	Fat 0.5	g	3%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium 25r	ng		1%
Total Carbo	hydrate	41g	14%
Dietary Fi	ber 1g		4%
Sugars 27	7g		
Protein 1g			
Vitamin A 09	% •	Vitamin	C 0%
Calcium 4%		Iron 2%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories 2,000 2,500			
Total Fat Saturated Fat Cholesterol Sodium	Less Tha Less Tha Less Tha Less Tha	an 20g an 300mg	2,500 80g 25g 300 mg 2,400mg

Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4 3635 Chocolate Yogurt

Total Carbohydrate

Dietary Fiber

Nutrition Facts

Serving Size 1/2 cup (72g) Servings Per Container

Amount Per Serving	3	
Calories 120	Calories	from Fat 20
		% Daily Value*
Total Fat 2g		3%
Saturated Fat	1.5g	8%
Trans Fat 0g		
Cholesterol 10	mg	3%
Sodium 95mg		4%
Total Carbohyo	drate 13g	4%
Dietary Fiber	0g	0%
Sugars 3g		
Protein 2g		

Vitamin A 4%	•	Vitamin C 0%
Calcium 8%	•	Iron 0%
*Percent Daily Values		pased on a 2,000 calori

	Calories	2,000	2,500	
Total Fat	Less Than	65g	80g	
Saturated Fat	Less Than	20g	25g	
Cholesterol	Less Than	300mg	300 mg	
Sodium	Less Than	2,400mg	2,400mg	
Total Carbohydrate 300g 375g				
Dietary Fiber 25g 30g				
Calories per gram:				
Fat 9 • Carbohydrate 4 • Protein 4				

3687 NSA Caramel Ripple

Nutrition Facts

Calorine 180 Calorine from Est 100

Serving Size 1/2 cup (72g) Servings Per Container

Amount Per Serving

Calones	Calones	TOTT AL TOO
		% Daily Value*
Total Fat 11g		17%
Saturated Fat	3.5g	18%
Trans Fat 0g		
Cholesterol 10	mg	3%
Sodium 65mg		3%
Total Carbohy	drate 18g	6%
Dietary Fiber	1g	4%
Sugars 3g		
Protein 3g		
Vitamin A 4%	 Vitar 	nin C 0%
Calcium 8%	• Iron	0%

diet. Your daily values may be higher or lower depending on your calorie needs Calories 2, 2,000 Less Than 65g 80g Saturated Fat Less Than 20g
Cholesterol Less Than 300mg
Sodium Less Than 2,400mg 25g 300 mg 2,400mg Cholesterol

*Percent Daily Values are based on a 2,000 calorie

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4 3689 NSA Chocolate Ripple

Sodium Total Carbohydrate

Dietary Fiber

Nutrition Facts

300g

25g

375g

30g

Serving Size 1/2 cup (72g) Servings Per Container

Amount Per Serving	
Calories 180 Calories fr	om Fat 100
	% Daily Value*
Total Fat 11g	17%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 65mg	3%
Total Carbohydrate 18g	6%
Dietary Fiber 1g	4%
Sugars 3g	
Protein 3g	
Vitamin A 4% • Vitam	in C 0%

Calcium 8% Iron 0% *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower

depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300 mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydra	300g	375g	
Dietary Fiber 25g 30g			
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			

3725 Lemon Sorbetto

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300g

375g

Nutrition Facts Serving Size 1/2 cup (78g) Servings Per Container 96				
Amount Per Ser	ving			
Calories 90		Calories from Fat 0		
		% Da	aily Value*	
Total Fat 0g			0%	
Saturated Fat 0g			0%	
Trans Fat 0g				
Cholesterol 0mg			0%	
Sodium 0mg			0%	
Total Carbohydrate 22g 7%				
Dietary Fiber 0g			0%	
Sugars 21g				
Protein 0g				
Vitamin A 0%	6 •	Vitamin (0%	
Calcium 0%	•	Iron 0%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories 2,000 2,500				
Total Fat Saturated Fat Cholesterol Sodium Total Carbohydra Dietary Fiber Calories per gran Fat 9 • 0	Less Than Less Than Less Than Less Than ate	65g 20g 300mg 2,400mg 300g 25g	80g 25g 300 mg 2,400mg 375g 30g	

3745 Raspberry Sorbetto