

# Kilwin's Fudge Ingredients & Nutritional Information

Updated June 2008

**There follows a listing of our current fudge flavors' ingredients with allergens highlighted.**

**The listings in blue contain gluten.**

**Milk/Dairy is highlighted in purple.**

**Almonds, Pecans, Cashews, Peanuts, Walnuts and Soy are highlighted in red.**

**Wheat is highlighted in green.**

**ALL FUDGE FLAVORS CONTAIN DAIRY AND SOY.**

**NO FUDGE FLAVORS CONTAIN EGG.**

**At the end of this document there are the nutritional panels for each flavor.  
Please note that a serving is 1.5 ounces**

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**Chocolate Fudge:** INGREDIENTS: Sugar, water, corn syrup, chocolate liquor processed with alkali, butter, **cream** (**cream**, lecithin, tocopherols), vegetable oil (partially hydrogenated **soybean**, cottonseed), salt, vanillin - artificial flavor. CONTAINS **MILK, SOY.**

**Double Dark Chocolate Fudge:** INGREDIENTS: Sugar, water, chocolate liquor processed with alkali, corn syrup, butter, **cream** (**cream**, **soy** lecithin, tocopherols), vegetable oil (partially hydrogenated **soybean**, cottonseed), salt, vanillin - artificial flavor. CONTAINS **MILK, SOY.**

**Chocolate Black Walnut Fudge:** INGREDIENTS: Sugar, water, walnuts, corn syrup, chocolate liquor processed with alkali, butter, **cream**, vegetable oil (partially hydrogenated **soybean**, cottonseed), salt, artificial flavor, vanillin - artificial flavor. CONTAINS **MILK, SOY, WALNUT.**

**Chocolate Caramel Cashew Fudge:** INGREDIENTS: Sugar, water, corn syrup, butter, chocolate liquor processed with alkali, **cashews**, **cream**, vegetable oil (partially hydrogenated **soybean**, cottonseed), **milk**, salt, vanillin - artificial flavor. CONTAINS **MILK, SOY, CASHEW.**

**Chocolate Cherry Walnut Fudge:** INGREDIENTS: Sugar, water, cherries, corn syrup, chocolate liquor processed with alkali, butter, **walnuts**, **cream**, vegetable oil (partially hydrogenated **soybean**, cottonseed), salt, artificial flavor. CONTAINS **MILK, SOY, WALNUT.**

**Chocolate English Walnut Fudge:** INGREDIENTS: Sugar, water, **walnuts**, corn syrup, chocolate liquor processed with alkali, butter, **cream** (**cream**, lecithin, tocopherols), vegetable oil (partially hydrogenated **soybean**, cottonseed), salt, vanillin - artificial flavor. CONTAINS **MILK, SOY, WALNUT**

**Chocolate Mint Fudge:** INGREDIENTS: Sugar, water, corn syrup, chocolate liquor processed with alkali, butter, **cream**, vegetable oil (partially hydrogenated **soybean**, cottonseed), salt, vanillin - artificial flavor, natural flavors. CONTAINS **MILK, SOY.**

**Chocolate Peanut Butter Fudge:** INGREDIENTS: Sugar, water, **peanut** butter (**peanuts**, dextrose, hydrogenated vegetable oil (rapeseed, cottonseed and **soybean**), salt, corn syrup), corn syrup, butter, chocolate liquor processed with alkali, **cream** (**cream**, lecithin, tocopherols), vegetable oil (partially hydrogenated **soybean**, cottonseed), salt, vanillin - artificial flavor. CONTAINS **MILK, SOY, PEANUT.**

**Chocolate Pecan Fudge:** INGREDIENTS: Sugar, water, **pecans**, corn syrup, chocolate liquor processed with alkali, butter, **cream** (**cream**, lecithin, tocopherols), vegetable oil (partially hydrogenated **soybean**, cottonseed), salt, vanillin - artificial flavor. CONTAINS **MILK, SOY, PECAN.**

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**Cherry Cordial Fudge:** INGREDIENTS: granulated sugar, butter (**cream**, salt) water, maraschino cherries (cherries, corn sweetener, citric acid, sodium benzoate, potassium sorbate, red #40, natural & artificial flavors, trace of sulfur dioxide), corn syrup solids, dark chocolate chunks (sugar, chocolate liquor processed with alkali, cocoa butter, **milk fat**, **soy** lecithin - an emulsifier, vanillin - an artificial flavor, natural flavors), **cream**, lecithin, tocopherols. Contains less than 2% of the following: silicon dioxide, dipotassium phosphate. CONTAINS **MILK, SOY**

**Chocolate Raspberry Fudge:** INGREDIENTS: sugar, water, corn syrup, chocolate liquor processed with alkali, butter, **cream**, vegetable oil (partially hydrogenated **soybean**, cottonseed), artificial flavor, artificial color red 40 & blue 1, salt. CONTAINS **MILK, SOY**.

**Butter Pecan Fudge:** INGREDIENTS: granulated sugar, water, **pecans**, butter (**cream**, salt), sugar, corn syrup solids, **cream**, lecithin, tocopherols. Contains less than 2% of the following: silicon dioxide, dipotassium phosphate. CONTAINS **MILK, SOY, PECANS**

**Cappuccino Fudge:** INGREDIENTS: sugar, water, corn syrup, chocolate liquor processed with alkali, butter, **cream**, partially hydrogenated vegetable oil, artificial flavor, salt. CONTAINS **MILK, SOY**.

**Cookies N Cream Fudge:** INGREDIENTS: Sugar, water, corn syrup, butter, chocolate sandwich cookies (sugar, enriched flour (**wheat** flour, niacin, reduced iron, thiamine mononitrate [vitamin B1], riboflavin [vitamin B2], folic acid), partially hydrogenated **soybean** oil, cocoa (processed with alkali), high fructose corn syrup, whey, cornstarch, baking soda, salt, **soy** lecithin (emulsifier), vanillin - artificial flavor, chocolate), **cream**, vegetable oil (partially hydrogenated **soybean**, cottonseed), salt, vanillin - artificial flavor. CONTAINS **MILK, SOY, WHEAT**.

**German Chocolate Fudge:** INGREDIENTS: sugar, water, **walnuts**, coconut, chocolate liquor processed with alkali, butter, **cream** (**cream**, **soy** lecithin, tocopherols), vegetable oil (partially hydrogenated **soybean**, cottonseed), salt, artificial flavor, vanillin - artificial flavor. CONTAINS **MILK, SOY**.

**Maple Walnut Fudge:** INGREDIENTS: Sugar, water, **walnuts**, corn syrup, butter, **cream** (**cream**, lecithin, tocopherols), vegetable oil (partially hydrogenated **soybean**, cottonseed), salt, artificial flavor. CONTAINS **MILK, SOY, WALNUT**.

**Mint Chocolate Chip Fudge:** INGREDIENTS: sugar, water, butter (**cream**, salt) corn syrup solids, dark chocolate chunks (sugar, chocolate liquor processed with alkali, cocoa butter, **milk fat**, **soy** lecithin - an emulsifier, vanillin - an artificial flavor, natural flavors), **cream** powder (**cream**, lecithin, tocopherols). Contains less than 2% of the following: silicon dioxide, dipotassium phosphate, peppermint oil, artificial color FD&C Blue No. 1, FD&C Yellow No. 5. CONTAINS **MILK, SOY**.

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**Peanut Butter Fudge:** INGREDIENTS: sugar, water, **peanut** butter (**peanuts**, dextrose, hydrogenated vegetable oil (rapeseed, cottonseed, and **soybean**), salt, corn syrup), corn syrup, butter, **cream** (**cream**, lecithin, tocopherols), vegetable oil (partially hydrogenated **soybean**, cottonseed), salt, vanillin - artificial flavor. CONTAINS **MILK, SOY, PEANUT**.

**Maple Fudge:** INGREDIENTS: Sugar, water, corn syrup, butter, **cream** (**cream**, lecithin, tocopherols), vegetable oil (partially hydrogenated **soybean**, cottonseed), salt, artificial flavor. CONTAINS **MILK, SOY**.

**Penuche Fudge:** INGREDIENTS: Sugar, water, corn syrup, butter, **cream**, vegetable oil (partially hydrogenated **soybean**, cottonseed), salt, vanillin - artificial flavor. CONTAINS **MILK, SOY**.

**Peppermint Stick Fudge:** INGREDIENTS: sugar, water, peppermint candy (sugar, corn syrup, peppermint oil, artificial color red #40), corn syrup, butter, **cream**, vegetable oil (partially hydrogenated **soybean**, cottonseed), salt, natural flavors. CONTAINS **MILK, SOY**.

**Praline Pecan Fudge:** INGREDIENTS: granulated sugar, water, butter (**cream**, salt) corn syrup, praline **pecans** (sugar, **pecans**, corn syrup, butter (**cream**, salt), salt), **cream** powder (**cream**, lecithin, tocopherols). caramel (sugar, evaporated **milk**, **milk**, salt, vanillin -an artificial flavor).Contains less than 2% of the following: silicon dioxide, dipotassium phosphate, carrageenan. CONTAINS **MILK, SOY, PECAN**.

**Pumpkin Walnut Fudge:** INGREDIENTS: Sugar, pumpkin, water, **walnuts**, corn syrup, butter, **cream**, vegetable oil (partially hydrogenated **soybean**, cottonseed), salt, spices, vanillin - artificial flavor, natural flavor. CONTAINS **MILK, SOY**.

**Rocky Road Fudge:** INGREDIENTS: Sugar, water, corn syrup, chocolate liquor processed with alkali, butter, **pecans**, **cream**, vegetable oil (partially hydrogenated **soybean**, cottonseed), gelatin, salt, vanillin - artificial flavor. CONTAINS **MILK, SOY**.

**Toasted Coconut Fudge:** INGREDIENTS: Sugar, water, coconut flakes (coconut, sugar, water, dextrose and/or glucose, salt, sodium metabisulphite), corn syrup, butter, **cream** (**cream**, lecithin, tocopherols), vegetable oil (partially hydrogenated **soybean**, cottonseed), salt, artificial flavor. CONTAINS **MILK, SOY**.

**Turtle Fudge:** INGREDIENTS: sugar, water, corn syrup, butter, chocolate liquor processed with alkali, **pecans**, **cream** (**cream**, **soy** lecithin, tocopherols), vegetable oil (partially hydrogenated **soybean**, cottonseed), **milk**, salt, vanillin - artificial flavor. CONTAINS **MILK, SOY, PECAN**.

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**Vanilla Fudge:** **INGREDIENTS:** Sugar, water, corn syrup, butter, **cream (cream,** lecithin, tocopherols), vegetable oil (partially hydrogenated **soybean,** cottonseed), salt, vanillin - artificial flavor. **CONTAINS MILK, SOY.**

**Vanilla Cherry Walnut Fudge:** **INGREDIENTS:** sugar, water, corn syrup, butter, dried red tart cherries (red tart cherries, sugar, sunflower oil), **walnuts, cream (cream, soy** lecithin, tocopherols), vegetable oil (partially hydrogenated **soybean,** cottonseed), salt, vanillin - artificial flavor. **CONTAINS MILK, SOY, WALNUT.**

**Vanilla Pecan Fudge:** **INGREDIENTS:** Sugar, water, **pecans,** corn syrup, butter, **cream (cream,** lecithin, tocopherols), vegetable oil (partially hydrogenated **soybean,** cottonseed), salt, vanillin - artificial flavor. **CONTAINS MILK, SOY, PECANS**

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<b>Nutrition Facts</b>	
Serving Size about 1 1/2 oz (40g)	
Servings Per Container	
Amount Per Serving	
<b>Calories 150</b>	<b>Calories from Fat 40</b>
% Daily Value*	
<b>Total Fat 4.5g</b>	<b>7%</b>
Saturated Fat 3g	<b>15%</b>
Trans Fat 0g	
<b>Cholesterol 5mg</b>	<b>2%</b>
<b>Sodium 35mg</b>	<b>1%</b>
<b>Total Carbohydrate 28g</b>	<b>9%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 26g	
<b>Protein 0g</b>	
Vitamin A 2%	• Vitamin C 0%
Calcium 0%	• Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories    2,000    2,500
Total Fat	Less Than 65g    80g
Saturated Fat	Less Than 20g    25g
Cholesterol	Less Than 300mg    300 mg
Sodium	Less Than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

**Chocolate Fudge**

<b>Nutrition Facts</b>	
Serving Size About 1.5 oz (41g)	
Servings Per Container 221	
Amount Per Serving	
<b>Calories 160</b>	<b>Calories from Fat 50</b>
% Daily Value*	
<b>Total Fat 5g</b>	<b>8%</b>
Saturated Fat 3.5g	<b>18%</b>
Trans Fat 0g	
<b>Cholesterol 5mg</b>	<b>2%</b>
<b>Sodium 35mg</b>	<b>1%</b>
<b>Total Carbohydrate 28g</b>	<b>9%</b>
Dietary Fiber 1g	<b>4%</b>
Sugars 25g	
<b>Protein 1g</b>	
Vitamin A 2%	• Vitamin C 0%
Calcium 0%	• Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories    2,000    2,500
Total Fat	Less Than 65g    80g
Saturated Fat	Less Than 20g    25g
Cholesterol	Less Than 300mg    300 mg
Sodium	Less Than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

**Double Dark Chocolate**

<b>Nutrition Facts</b>	
Serving Size ABOUT 1 1/2 oz (40g)	
Servings Per Container	
Amount Per Serving	
<b>Calories 150</b>	<b>Calories from Fat 60</b>
% Daily Value*	
<b>Total Fat 7g</b>	<b>11%</b>
Saturated Fat 3g	<b>15%</b>
Trans Fat 0g	
<b>Cholesterol 5mg</b>	<b>2%</b>
<b>Sodium 30mg</b>	<b>1%</b>
<b>Total Carbohydrate 26g</b>	<b>9%</b>
Dietary Fiber 1g	<b>4%</b>
Sugars 23g	
<b>Protein 1g</b>	
Vitamin A 2%	• Vitamin C 0%
Calcium 0%	• Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories    2,000    2,500
Total Fat	Less Than 65g    80g
Saturated Fat	Less Than 20g    25g
Cholesterol	Less Than 300mg    300 mg
Sodium	Less Than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

**Chocolate Black Walnut**

<b>Nutrition Facts</b>	
Serving Size about 1 1/2 oz (40g)	
Servings Per Container	
Amount Per Serving	
<b>Calories 140</b>	<b>Calories from Fat 50</b>
% Daily Value*	
<b>Total Fat 5g</b>	<b>8%</b>
Saturated Fat 3g	<b>15%</b>
Trans Fat 0g	
<b>Cholesterol 5mg</b>	<b>2%</b>
<b>Sodium 40mg</b>	<b>2%</b>
<b>Total Carbohydrate 27g</b>	<b>9%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 24g	
<b>Protein 1g</b>	
Vitamin A 2%	• Vitamin C 0%
Calcium 0%	• Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories    2,000    2,500
Total Fat	Less Than 65g    80g
Saturated Fat	Less Than 20g    25g
Cholesterol	Less Than 300mg    300 mg
Sodium	Less Than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

**Chocolate Caramel Cashew**

<b>Nutrition Facts</b>	
Serving Size about 1 1/2 oz (40g)	
Servings Per Container	
Amount Per Serving	
<b>Calories 140</b>	<b>Calories from Fat 45</b>
% Daily Value*	
<b>Total Fat 5g</b>	<b>8%</b>
Saturated Fat 2.5g	<b>13%</b>
Trans Fat 0g	
<b>Cholesterol 5mg</b>	<b>2%</b>
<b>Sodium 30mg</b>	<b>1%</b>
<b>Total Carbohydrate 27g</b>	<b>9%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 25g	
<b>Protein 1g</b>	
Vitamin A 4%	• Vitamin C 0%
Calcium 0%	• Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories    2,000    2,500
Total Fat	Less Than 65g    80g
Saturated Fat	Less Than 20g    25g
Cholesterol	Less Than 300mg    300 mg
Sodium	Less Than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

**Chocolate Cherry Walnut**

<b>Nutrition Facts</b>	
Serving Size about 1 1/2 oz (40g)	
Servings Per Container	
Amount Per Serving	
<b>Calories 160</b>	<b>Calories from Fat 60</b>
% Daily Value*	
<b>Total Fat 7g</b>	<b>11%</b>
Saturated Fat 3g	<b>15%</b>
Trans Fat 0g	
<b>Cholesterol 5mg</b>	<b>2%</b>
<b>Sodium 30mg</b>	<b>1%</b>
<b>Total Carbohydrate 26g</b>	<b>9%</b>
Dietary Fiber 1g	<b>4%</b>
Sugars 23g	
<b>Protein 1g</b>	
Vitamin A 2%	• Vitamin C 0%
Calcium 0%	• Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories    2,000    2,500
Total Fat	Less Than 65g    80g
Saturated Fat	Less Than 20g    25g
Cholesterol	Less Than 300mg    300 mg
Sodium	Less Than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

**Chocolate English Walnut**

# Kilwin's Fudge Ingredients & Nutritional Information

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<b>Nutrition Facts</b>	
Serving Size about 1 1/2 oz (40g)	
Servings Per Container	
Amount Per Serving	
<b>Calories 140</b>	<b>Calories from Fat 40</b>
% Daily Value*	
<b>Total Fat 4.5g</b>	<b>7%</b>
Saturated Fat 3g	<b>15%</b>
Trans Fat 0g	
<b>Cholesterol 5mg</b>	<b>2%</b>
<b>Sodium 35mg</b>	<b>1%</b>
<b>Total Carbohydrate 28g</b>	<b>9%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 26g	
<b>Protein 0g</b>	
Vitamin A 2%	• Vitamin C 0%
Calcium 0%	• Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories    2,000    2,500
Total Fat	Less Than 65g    80g
Saturated Fat	Less Than 20g    25g
Cholesterol	Less Than 300mg    300 mg
Sodium	Less Than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

## Chocolate Mint

<b>Nutrition Facts</b>	
Serving Size 1.5oz (42g) (7844g)	
Servings Per Container About 187	
Amount Per Serving	
<b>Calories 3151</b>	<b>Calories from Fat 7330</b>
% Daily Value*	
<b>Total Fat 824g</b>	<b>1268%</b>
Saturated Fat 517g	<b>2585%</b>
Trans Fat 6g	
<b>Cholesterol 1910mg</b>	<b>637%</b>
<b>Sodium 7720mg</b>	<b>322%</b>
<b>Total Carbohydrate 6211g</b>	<b>2070%</b>
Dietary Fiber 27g	<b>108%</b>
Sugars 5869g	
<b>Protein 43g</b>	
Vitamin A 470%	• Vitamin C 8%
Calcium 130%	• Iron 170%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories:    2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300 mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

## Cherry Cordial

<b>Nutrition Facts</b>	
Serving Size about 1 1/2 oz (40g)	
Servings Per Container	
Amount Per Serving	
<b>Calories 150</b>	<b>Calories from Fat 50</b>
% Daily Value*	
<b>Total Fat 5g</b>	<b>8%</b>
Saturated Fat 3g	<b>15%</b>
Trans Fat 0g	
<b>Cholesterol 5mg</b>	<b>2%</b>
<b>Sodium 40mg</b>	<b>2%</b>
<b>Total Carbohydrate 27g</b>	<b>9%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 25g	
<b>Protein 1g</b>	
Vitamin A 2%	• Vitamin C 0%
Calcium 0%	• Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories    2,000    2,500
Total Fat	Less Than 65g    80g
Saturated Fat	Less Than 20g    25g
Cholesterol	Less Than 300mg    300 mg
Sodium	Less Than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

## Chocolate Peanut Butter

<b>Nutrition Facts</b>	
Serving Size about 1 1/2oz (40g)	
Servings Per Container	
Amount Per Serving	
<b>Calories 130</b>	<b>Calories from Fat 40</b>
% Daily Value*	
<b>Total Fat 4.5g</b>	<b>7%</b>
Saturated Fat 3g	<b>15%</b>
Trans Fat 0g	
<b>Cholesterol 5mg</b>	<b>2%</b>
<b>Sodium 35mg</b>	<b>1%</b>
<b>Total Carbohydrate 28g</b>	<b>9%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 26g	
<b>Protein 0g</b>	
Vitamin A 2%	• Vitamin C 0%
Calcium 0%	• Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories    2,000    2,500
Total Fat	Less Than 65g    80g
Saturated Fat	Less Than 20g    25g
Cholesterol	Less Than 300mg    300 mg
Sodium	Less Than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

## Chocolate Raspberry

<b>Nutrition Facts</b>	
Serving Size about 1 1/2 oz (40g)	
Servings Per Container	
Amount Per Serving	
<b>Calories 170</b>	<b>Calories from Fat 60</b>
% Daily Value*	
<b>Total Fat 7g</b>	<b>11%</b>
Saturated Fat 3g	<b>15%</b>
Trans Fat 0g	
<b>Cholesterol 5mg</b>	<b>2%</b>
<b>Sodium 30mg</b>	<b>1%</b>
<b>Total Carbohydrate 27g</b>	<b>9%</b>
Dietary Fiber 1g	<b>4%</b>
Sugars 24g	
<b>Protein 1g</b>	
Vitamin A 2%	• Vitamin C 0%
Calcium 0%	• Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories    2,000    2,500
Total Fat	Less Than 65g    80g
Saturated Fat	Less Than 20g    25g
Cholesterol	Less Than 300mg    300 mg
Sodium	Less Than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

## Chocolate Pecan

<b>Nutrition Facts</b>	
Serving Size 1.5 oz (42g)	
Servings Per Container About 315	
Amount Per Serving	
<b>Calories 170</b>	<b>Calories from Fat 60</b>
% Daily Value*	
<b>Total Fat 6g</b>	<b>9%</b>
Saturated Fat 2.5g	<b>13%</b>
Trans Fat 0g	
<b>Cholesterol 10mg</b>	<b>3%</b>
<b>Sodium 35mg</b>	<b>1%</b>
<b>Total Carbohydrate 28g</b>	<b>9%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 26g	
<b>Protein 1g</b>	
Vitamin A 2%	• Vitamin C 0%
Calcium 0%	• Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories:    2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300 mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

## Butter Pecan

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# Kilwin's Fudge Ingredients & Nutritional Information

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<b>Nutrition Facts</b>	
Serving Size about 1 1/2oz (40g)	
Servings Per Container	
Amount Per Serving	
<b>Calories 140</b>	<b>Calories from Fat 40</b>
% Daily Value*	
<b>Total Fat 4.5g</b>	<b>7%</b>
Saturated Fat 3g	<b>15%</b>
Trans Fat 0g	
<b>Cholesterol 5mg</b>	<b>2%</b>
<b>Sodium 35mg</b>	<b>1%</b>
<b>Total Carbohydrate 28g</b>	<b>9%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 26g	
<b>Protein 0g</b>	
Vitamin A 2%	• Vitamin C 0%
Calcium 0%	• Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less Than 65g 80g
Saturated Fat	Less Than 20g 25g
Cholesterol	Less Than 300mg 300 mg
Sodium	Less Than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

## Cappuccino Fudge

<b>Nutrition Facts</b>	
Serving Size about 1 1/2 oz (40g)	
Servings Per Container	
Amount Per Serving	
<b>Calories 160</b>	<b>Calories from Fat 50</b>
% Daily Value*	
<b>Total Fat 6g</b>	<b>9%</b>
Saturated Fat 2.5g	<b>13%</b>
Trans Fat 0g	
<b>Cholesterol 5mg</b>	<b>2%</b>
<b>Sodium 35mg</b>	<b>1%</b>
<b>Total Carbohydrate 27g</b>	<b>9%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 25g	
<b>Protein 1g</b>	
Vitamin A 2%	• Vitamin C 0%
Calcium 2%	• Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less Than 65g 80g
Saturated Fat	Less Than 20g 25g
Cholesterol	Less Than 300mg 300 mg
Sodium	Less Than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

## Maple Walnut

<b>Nutrition Facts</b>	
Serving Size about 1 1/2 oz (40g)	
Servings Per Container	
Amount Per Serving	
<b>Calories 140</b>	<b>Calories from Fat 35</b>
% Daily Value*	
<b>Total Fat 4g</b>	<b>6%</b>
Saturated Fat 2.5g	<b>13%</b>
Trans Fat 0.5g	
<b>Cholesterol 5mg</b>	<b>2%</b>
<b>Sodium 60mg</b>	<b>3%</b>
<b>Total Carbohydrate 29g</b>	<b>10%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 27g	
<b>Protein 0g</b>	
Vitamin A 2%	• Vitamin C 0%
Calcium 0%	• Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less Than 65g 80g
Saturated Fat	Less Than 20g 25g
Cholesterol	Less Than 300mg 300 mg
Sodium	Less Than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

## Cookies N Cream

<b>Nutrition Facts</b>	
Serving Size 1.5 oz (42g)	
Servings Per Container About 200	
Amount Per Serving	
<b>Calories 160</b>	<b>Calories from Fat 35</b>
% Daily Value*	
<b>Total Fat 4g</b>	<b>6%</b>
Saturated Fat 2.5g	<b>13%</b>
Trans Fat 0g	
<b>Cholesterol 10mg</b>	<b>3%</b>
<b>Sodium 40mg</b>	<b>2%</b>
<b>Total Carbohydrate 31g</b>	<b>10%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 29g	
<b>Protein 0g</b>	
Vitamin A 2%	• Vitamin C 0%
Calcium 0%	• Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300 mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

## Mint Chocolate Chip

<b>Nutrition Facts</b>	
Serving Size (40g)	
Servings Per Container	
Amount Per Serving	
<b>Calories 160</b>	<b>Calories from Fat 70</b>
% Daily Value*	
<b>Total Fat 8g</b>	<b>12%</b>
Saturated Fat 3.5g	<b>18%</b>
Trans Fat 0g	
<b>Cholesterol 5mg</b>	<b>2%</b>
<b>Sodium 20mg</b>	<b>1%</b>
<b>Total Carbohydrate 25g</b>	<b>8%</b>
Dietary Fiber 1g	<b>4%</b>
Sugars 23g	
<b>Protein 1g</b>	
Vitamin A 2%	• Vitamin C 0%
Calcium 0%	• Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less Than 65g 80g
Saturated Fat	Less Than 20g 25g
Cholesterol	Less Than 300mg 300 mg
Sodium	Less Than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

## German Chocolate

<b>Nutrition Facts</b>	
Serving Size about 1 1/2 oz (40g)	
Servings Per Container	
Amount Per Serving	
<b>Calories 160</b>	<b>Calories from Fat 50</b>
% Daily Value*	
<b>Total Fat 5g</b>	<b>8%</b>
Saturated Fat 2.5g	<b>13%</b>
<b>Cholesterol 5mg</b>	<b>2%</b>
<b>Sodium 50mg</b>	<b>2%</b>
<b>Total Carbohydrate 27g</b>	<b>9%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 25g	
<b>Protein 1g</b>	
Vitamin A 2%	• Vitamin C 0%
Calcium 0%	• Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less Than 65g 80g
Saturated Fat	Less Than 20g 25g
Cholesterol	Less Than 300mg 300 mg
Sodium	Less Than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

## Peanut Butter

# Kilwin's Fudge Ingredients & Nutritional Information

Updated June 2008

<b>Nutrition Facts</b>	
Serving Size about 1 1/2 oz (40g)	
Servings Per Container	
Amount Per Serving	
<b>Calories 160</b>	<b>Calories from Fat 50</b>
% Daily Value*	
<b>Total Fat 5g</b>	<b>8%</b>
Saturated Fat 2.5g	<b>13%</b>
<b>Cholesterol 5mg</b>	<b>2%</b>
<b>Sodium 50mg</b>	<b>2%</b>
<b>Total Carbohydrate 27g</b>	<b>9%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 25g	
<b>Protein 1g</b>	
Vitamin A 2%	• Vitamin C 0%
Calcium 0%	• Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less Than 65g    80g
Saturated Fat	Less Than 20g    25g
Cholesterol	Less Than 300mg    300 mg
Sodium	Less Than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

## Maple Fudge

<b>Nutrition Facts</b>	
Serving Size 1.5 oz (42g)	
Servings Per Container About 200	
Amount Per Serving	
<b>Calories 180</b>	<b>Calories from Fat 45</b>
% Daily Value*	
<b>Total Fat 5g</b>	<b>8%</b>
Saturated Fat 3g	<b>15%</b>
Trans Fat 0g	
<b>Cholesterol 10mg</b>	<b>3%</b>
<b>Sodium 55mg</b>	<b>2%</b>
<b>Total Carbohydrate 34g</b>	<b>11%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 32g	
<b>Protein 0g</b>	
Vitamin A 2%	• Vitamin C 0%
Calcium 2%	• Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300 mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

## Praline Pecan Fudge

<b>Nutrition Facts</b>	
Serving Size about 1 1/2 oz (40g)	
Servings Per Container	
Amount Per Serving	
<b>Calories 140</b>	<b>Calories from Fat 35</b>
% Daily Value*	
<b>Total Fat 3.5g</b>	<b>5%</b>
Saturated Fat 2.5g	<b>13%</b>
Trans Fat 0g	
<b>Cholesterol 5mg</b>	<b>2%</b>
<b>Sodium 60mg</b>	<b>3%</b>
<b>Total Carbohydrate 29g</b>	<b>10%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 28g	
<b>Protein 0g</b>	
Vitamin A 2%	• Vitamin C 0%
Calcium 2%	• Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less Than 65g    80g
Saturated Fat	Less Than 20g    25g
Cholesterol	Less Than 300mg    300 mg
Sodium	Less Than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

## Penuche

<b>Nutrition Facts</b>	
Serving Size about 1 1/2 oz (40g)	
Servings Per Container	
Amount Per Serving	
<b>Calories 130</b>	<b>Calories from Fat 45</b>
% Daily Value*	
<b>Total Fat 5g</b>	<b>8%</b>
Saturated Fat 2g	<b>10%</b>
Trans Fat 0g	
<b>Cholesterol 5mg</b>	<b>2%</b>
<b>Sodium 50mg</b>	<b>2%</b>
<b>Total Carbohydrate 24g</b>	<b>8%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 22g	
<b>Protein 1g</b>	
Vitamin A 8%	• Vitamin C 0%
Calcium 0%	• Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less Than 65g    80g
Saturated Fat	Less Than 20g    25g
Cholesterol	Less Than 300mg    300 mg
Sodium	Less Than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

## Pumpkin Walnut

<b>Nutrition Facts</b>	
Serving Size about 1 1/2 oz (40g)	
Servings Per Container	
Amount Per Serving	
<b>Calories 130</b>	<b>Calories from Fat 30</b>
% Daily Value*	
<b>Total Fat 3.5g</b>	<b>5%</b>
Saturated Fat 2g	<b>10%</b>
Trans Fat 0g	
<b>Cholesterol 5mg</b>	<b>2%</b>
<b>Sodium 45mg</b>	<b>2%</b>
<b>Total Carbohydrate 30g</b>	<b>10%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 29g	
<b>Protein 0g</b>	
Vitamin A 2%	• Vitamin C 0%
Calcium 0%	• Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less Than 65g    80g
Saturated Fat	Less Than 20g    25g
Cholesterol	Less Than 300mg    300 mg
Sodium	Less Than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

## Peppermint Stick

<b>Nutrition Facts</b>	
Serving Size about 1 1/2 oz (40g)	
Servings Per Container	
Amount Per Serving	
<b>Calories 140</b>	<b>Calories from Fat 50</b>
% Daily Value*	
<b>Total Fat 6g</b>	<b>9%</b>
Saturated Fat 2.5g	<b>13%</b>
Trans Fat 0g	
<b>Cholesterol 5mg</b>	<b>2%</b>
<b>Sodium 35mg</b>	<b>1%</b>
<b>Total Carbohydrate 27g</b>	<b>9%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 25g	
<b>Protein 1g</b>	
Vitamin A 2%	• Vitamin C 0%
Calcium 0%	• Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less Than 65g    80g
Saturated Fat	Less Than 20g    25g
Cholesterol	Less Than 300mg    300 mg
Sodium	Less Than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

## Rocky Road

# Kilwin's Fudge Ingredients & Nutritional Information

Updated June 2008

<b>Nutrition Facts</b>	
Serving Size about 1 1/2 oz (40g)	
Servings Per Container	
Amount Per Serving	
<b>Calories 150</b>	<b>Calories from Fat 35</b>
% Daily Value*	
<b>Total Fat 4g</b>	<b>6%</b>
Saturated Fat 2.5g	<b>13%</b>
Trans Fat 0g	
<b>Cholesterol 5mg</b>	<b>2%</b>
<b>Sodium 30mg</b>	<b>1%</b>
<b>Total Carbohydrate 28g</b>	<b>9%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 26g	
<b>Protein 0g</b>	
Vitamin A 2%	• Vitamin C 0%
Calcium 0%	• Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less Than 65g 80g
Saturated Fat	Less Than 20g 25g
Cholesterol	Less Than 300mg 300 mg
Sodium	Less Than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

**Toasted Coconut**

<b>Nutrition Facts</b>	
Serving Size About 1.5oz (42g)	
Servings Per Container 244	
Amount Per Serving	
<b>Calories 160</b>	<b>Calories from Fat 50</b>
% Daily Value*	
<b>Total Fat 6g</b>	<b>9%</b>
Saturated Fat 3g	<b>15%</b>
Trans Fat 0g	
<b>Cholesterol 5mg</b>	<b>2%</b>
<b>Sodium 40mg</b>	<b>2%</b>
<b>Total Carbohydrate 28g</b>	<b>9%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 25g	
<b>Protein 1g</b>	
Vitamin A 2%	• Vitamin C 0%
Calcium 0%	• Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less Than 65g 80g
Saturated Fat	Less Than 20g 25g
Cholesterol	Less Than 300mg 300 mg
Sodium	Less Than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

**Turtle Fudge**

<b>Nutrition Facts</b>	
Serving Size 1.5 oz (42g)	
Servings Per Container	
Amount Per Serving	
<b>Calories 180</b>	<b>Calories from Fat 40</b>
% Daily Value*	
<b>Total Fat 4.5g</b>	<b>7%</b>
Saturated Fat 2.5g	<b>13%</b>
Trans Fat 0g	
<b>Cholesterol 10mg</b>	<b>3%</b>
<b>Sodium 45mg</b>	<b>2%</b>
<b>Total Carbohydrate 36g</b>	<b>12%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 34g	
<b>Protein 0g</b>	
Vitamin A 2%	• Vitamin C 0%
Calcium 0%	• Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300 mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

**Vanilla Fudge**

<b>Nutrition Facts</b>	
Serving Size about 1 1/2 oz (40g)	
Servings Per Container varied	
Amount Per Serving	
<b>Calories 150</b>	<b>Calories from Fat 40</b>
% Daily Value*	
<b>Total Fat 4.5g</b>	<b>7%</b>
Saturated Fat 2g	<b>10%</b>
Trans Fat 0g	
<b>Cholesterol 5mg</b>	<b>2%</b>
<b>Sodium 45mg</b>	<b>2%</b>
<b>Total Carbohydrate 28g</b>	<b>9%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 26g	
<b>Protein 0g</b>	
Vitamin A 4%	• Vitamin C 0%
Calcium 0%	• Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less Than 65g 80g
Saturated Fat	Less Than 20g 25g
Cholesterol	Less Than 300mg 300 mg
Sodium	Less Than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

**Vanilla Cherry Walnut**

<b>Nutrition Facts</b>	
Serving Size about 1 1/2 oz (40g)	
Servings Per Container	
Amount Per Serving	
<b>Calories 160</b>	<b>Calories from Fat 60</b>
% Daily Value*	
<b>Total Fat 6g</b>	<b>9%</b>
Saturated Fat 2.5g	<b>13%</b>
Trans Fat 0g	
<b>Cholesterol 5mg</b>	<b>2%</b>
<b>Sodium 30mg</b>	<b>1%</b>
<b>Total Carbohydrate 27g</b>	<b>9%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 25g	
<b>Protein 0g</b>	
Vitamin A 2%	• Vitamin C 0%
Calcium 0%	• Iron 0%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories 2,000 2,500
Total Fat	Less Than 65g 80g
Saturated Fat	Less Than 20g 25g
Cholesterol	Less Than 300mg 300 mg
Sodium	Less Than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

**Vanilla Pecan**